

VICTORIAN WATER SAFETY CERTIFICATE

Important Water Safety Information for **Parents**



Why does my child need a VWSC?

The Victorian Curriculum requires students to demonstrate the competencies of the VWSC by the time they leave Year 6.

Achieving the VWSC provides children with:

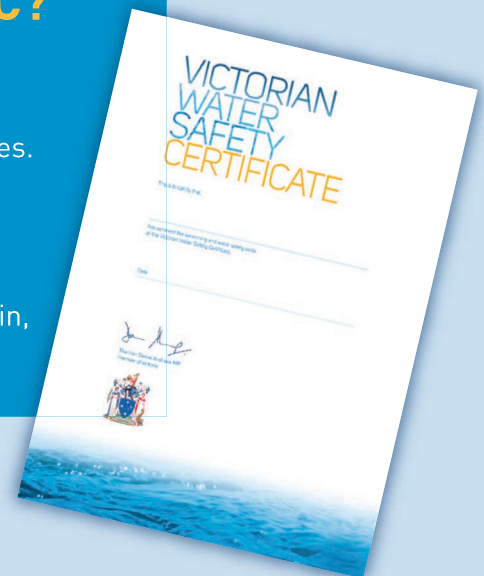
- Vital water safety skills that could help save their life or the life of others
- Essential preparation for secondary school camps, excursions and activities
- Important skills to enjoy a range of aquatic activities and sports
- Confidence to safely approach a variety of aquatic environments and activities

“Swimming and water safety skills have demonstrated benefits on a child's health in terms of social, psychological and physical well-being.”



How can I help my child achieve their VWSC?

- + Find out if your child's school swimming program works towards the VWSC capabilities.
- + Ask your aquatic facility to support your child achieve the VWSC capabilities.
- + Ensure your child has regular, on-going swimming practice in a range of aquatic environments.
- + Reinforce water safety knowledge at home; including how to recognise aquatic hazards, what to do if in danger, and how to help others stay safe in, on and around water.



More information

For further information on the Victorian Water Safety Certificate, visit: www.lsv.com.au/vwsc or contact LSV by email: schoolswimming@lsv.com.au