

EVERYDAY LIFESAVERS - Responding to an Emergency

Discussion Q&A

Please use this as a guide for leading discussions throughout the tour. Each 'scene' is one of the 360° panorama photos.

Scene 1

Beginner Question: What is the emergency services number?

Beginner Answer: Answers will vary based on location

Intermediate Question: What does an Automated External Defibrillator (AED) do?

Intermediate Answer: An AED advises the responder on the steps to take, analysis's the heart of an unresponsive, unconscious casualty looking for a shockable rhythm and then, if required, delivers a shock.

Advanced Question: When should you stop performing CPR (Cardiopulmonary resuscitation)?

Advanced Answer: You should stop performing CPR if the casualty responds or begins breathing normally, if you are unable to continue (e.g. exhaustion/dangerous), or if a health care professional arrives, such as an ambulance, and takes over.

Scene 2

Beginner Question: Why are you the most important person in any first aid situation?

Beginner Answer: You must keep yourself safe first. If you put yourself in danger, you may get injured and not be able to help yourself or the casualty.

Intermediate Question: How else could you send for help if you don't have a mobile phone?

Intermediate Answer: Answers may vary, but may include going to a trusted neighbor's house, using the home or public phones or using a computer program such as skype or messenger.

Advanced Question: Why should you not move an injured person that has fallen from a height?

Advanced Answer: The injured person may have injured their neck or spine and moving them unnecessarily may cause more damage. Unless it is last resort due to danger, it is recommended that you wait for a trained professional to move someone that has suspected neck or spinal injuries.

Scene 3

Beginner Question: What is the best way to stay safe when swimming at the beach?

Beginner Answer: Always swim at a patrolled beach between the red and yellow flags and always swim with a friend or adult.

Intermediate Question: Even if it is a clear, sunny day, why should you check the weather before going to the beach to swim?

Intermediate Answer: The weather conditions may change throughout the day and it is important to be aware of the size and time of the ocean tides, the wind direction and for any potential storms.

Advanced Question: When should you roll someone into the recovery position and why?

Advanced Answer: If the casualty is unconscious but still breathing, rolling them into the recovery position will ensure that their airway is managed properly.

Scene 4

Beginner Question: How could you keep yourself safe while at the skate park?

Beginner Answer: Answers may vary but may include things such as wearing a helmet and protective clothing, always skating with friends, and staying hydrated.

Intermediate Question (fewer than 300 characters) : What could you use to keep a broken limb stabilised?

Intermediate Answer: Answers may vary, but may include things such as a stick, a drink bottle, a skateboard or anything ridged.

Advanced Question: While you are waiting for help to arrive, what should you do?

Advanced Answer: Stay with the casualty, reassure them and keep both yourself and the casualty protected from further danger.

Scene 5

Beginner Question: What could you use to wrap up a limb that has been bitten by a snake?

Beginner Answer: Answers may vary, but may include things such as a bandage, towels, long socks, t-shirts, jumper sleeves.

Intermediate Question: How could you keep yourself safe while bush walking?

Intermediate Answer: Answers may vary, but may include things such as wear long pants and sturdy shoes, watch where you are walking, tell someone where you are going, take a phone with you and bring plenty of water.

Advanced Question: Why should you never wash a snake bite?

Advanced Answer: The traces of venom left on the site of a bite are used to help identify what antivenom medication is needed.

Scene 6

Beginner Question: Who is the most important person in any first aid situation and why?

Beginner Answer: You are the most important person in any first aid situation. If you put yourself in danger, you may get injured and not be able to help yourself or the casualty.

Intermediate Question: What does DRSABCD stand for?

Intermediate Answer: D-Danger, check for hazards. R-Response, check for a response. S-Send, send for help. A-Airway, open and clear the airway. B-Breathing, look, listen and feel for normal breathing. C-CPR, give 30 chest compressions followed by 2 breaths. D-Defibrillation, attach defibrillator and follow prompts.

Advanced Question: Have you ever prevented a possible injury or accident? What was challenging about that situation? How did you feel afterwards?

Advanced Answer: Answers will vary.