To: Junior Coordinators
Chief Instructors
Club Secretaries
Club Presidents
Club Captains
LSV Female Leadership Network
M&LD Executive
LSOC Executive
Aquatic Sports Executive
Council of Lifesaving Clubs
Cc: M&LD Executive
Aquatic Sports Executive
LSOC Executive
Council of Lifesaving Clubs

From: Membership & Leadership Development Department

Date: 23 April 2014

Subject: Female Leaders Regional Think Tank – Lakes Entrance

Action: Registrations are due by Thursday, 1 May 2014

For additional details on this Circular please contact:
Lifesaving Operations on 03 9676 6930 or email lifesavingoperations@lifesavingvictoria.com.au

The Female Leaders Program Regional Think Tank is open to all Females 18+ within the lifesaving movement from all roles and facets that have a genuine interest in networking, personal growth and professional development.

The May 2014 Female Leaders Regional Think Tank will take place at Lakes Entrance, we encourage local regional members to attend some or all of the planned activities.

The LSV FLN would also like open the event to all female members from across the state to attend; this is an opportunity to visit and share with other regions.

The objectives of the Female Leaders Regional Think Tank are:
- to enhance the development of our female leaders and our future leaders
- create an environment that encourages socialisation and positive relationships between female participants
- encourage further involvement and opportunities for females in the lifesaving movement
- develop leadership skills through a variety of activities, keynote speakers and networking events
- provide the opportunity to develop new networks within lifesaving
- provide the opportunity to develop broader professional networks that extend beyond lifesaving and into professional industries and everyday life
- partner with other areas of lifesaving to encourage collaboration across all areas of the movement
- provide mentoring opportunities to female leaders within lifesaving
PROGRAM

Friday, 16 May – Sunday, 18 May 2014 – Lakes Entrance SLSC
The Female Leaders Think Tank will be held from Friday, 16 May to Sunday, 18 May 2014 at Lakes Entrance Surf Life Saving Club – The Hummocks Main Beach, Lakes Entrance 3909.

Note members are welcome to attend some or all of the planned sessions

SESSION 1 – Local Network Event - “Creating a New Normal”
7pm, Friday, 16 May 2014

The session promises to be engaging, inspiring and thought provoking as we hear from Kate Riddell; Co-Founder of Firefoxes Australia. Those in attendance will be enlightened by Kate’s stories as she introduces us to “Ordinary women achieving extraordinary things”.

Session Details:
$30pp, includes light refreshments.
Open to: females from lifesaving clubs, emergency services, sporting clubs and local businesses.

Key Presenter: Kate Riddell
Educator, Author, Co-Founder Firefoxes Australia

This session will explore the following key themes:
- Creating a new normal
- Creating a resilient community
- Overcoming a crisis situation
- Dealing with adversity

Kate is the co-founder of the not-for-profit Firefoxes Australia , a grassroots organisation that has worked with over 5000 people in disaster effected communities across Australia.

In her own business, 'Creating a New Normal' she works with flood, cyclone and fire effected communities in Queensland, Tasmania and Victoria empowering them to prepare for and recover from disasters and develop resilient communities with strong leaders.

Kate has worked in the field of Education for 19 years, is a Mental Health First Aid instructor, full-time mum to 2 active children and an emergency services volunteer.

Kate was awarded the Pride of Australia medal (community section), the Minister for Health Volunteer Award (Group Section), an Ambulance Victoria Leadership Excellence Award, an Emergency Services Foundation Scholarship (3 weeks travel to USA to investigate best practice in Mental Health First Aid training for emergency services volunteers) and was a finalist in Minister for Health Volunteer Awards (individual section). Last year, Firefoxes was named the Victorian Community Group of the Year, won the Resilient Australia Awards and the Fire Awareness Awards. Never underestimate what ordinary people can do!
SESSION 2: Communication strategies for leaders  
9am-3pm, Saturday, 17 May 2014

This fun, interactive session will support your leadership skills, whilst we network and share experiences.

**Session Details:** free for lifesaving members

Open to: Females from local regional lifesaving clubs.

**Workshop Facilitator:** Carol Fox - Principal Trainer & Coach, Author, Life Performance Training & Coaching Company

The purpose of this session is to encourage participants to understand the power of professional communication strategies in being able to handle conflict and influence people into positive action.

As Victoria’s first female professional surf lifesaving lifeguard, a national level swimmer and water polo player, Carol experienced the mindset of champions firsthand.

Her many years as a University Lecturer and Executive Director of Waterpolo confirmed her belief that champions are simply people who have found their life’s purpose and who live that purpose with clear focus and happiness.

Carol works extensively throughout Victoria with the Country Fire Authority (CFA) teaching leadership programs to professional fire-fighters and support staff.

Her Master’s Thesis: “Women’s Perceived Barriers to Elite Coaching Positions in Australian Sport” was used extensively by the Australian Sports Commission in determining policies for women in sport and has applications in management.

**Female Youth Development Session**  
1pm – 3pm, Saturday, 17 May 2014

As part of this visit, we would also like to offer a special youth session for female members aged 14-17 years on the Saturday afternoon; which will be conducted by the Female Leadership Network Project Team.

Registration: [https://lifesavingvictoria.wufoo.com/forms/female-leaders-program-youth-session/](https://lifesavingvictoria.wufoo.com/forms/female-leaders-program-youth-session/)

SESSION 3: Think Tank - Workshop; Club and Volunteer Culture  
9am-12pm, Sunday, 18 May 2014

**Session Details:** free for lifesaving members

Open to: Females from local regional lifesaving clubs.

**Workshop Facilitator:** FLN Project Team

We welcome females from local regional lifesaving clubs, to half day interactive workshop with the FLN Project Team to workshop and share ideas on Volunteer and Club culture.

This fun, interactive session will provide tools, ideas and discussion on how to encourage “good culture”, how to inspire and be inspired and how to lead and support sustainable change.

**REGISTRATIONS FOR THE NETWORK AND THIS SPECIAL EVENT CLOSE ON THURSDAY, 1 MAY 2014**

Register here: [https://lifesavingvictoria.wufoo.com/forms/female-leaders-program-think-tank-1/](https://lifesavingvictoria.wufoo.com/forms/female-leaders-program-think-tank-1/)

Life Saving Victoria through support from Vicsport will cover the cost of Key Presenters and resources for the duration of this weekend.

Please click here to join the Female Leadership Network: [https://lifesavingvictoria.wufoo.com/forms/lsv-female-leadership-network-registration/](https://lifesavingvictoria.wufoo.com/forms/lsv-female-leadership-network-registration/)