

Area 1	Area 2	Area 3	Beach Area	Boat Area
Ironman 50-54, 55-59, 60-64, 65-69, 70+	Ironman 30-34, 35-39, 40-44, 45-49	Ironwoman 30-34, 35-39, 40-44, 45-49	Men's and Women's 2km Run 30-34, 35-39, 40-44, 45-49, 50-54, 55-59	Men's Surf Boat 120+, 140+, 160+, 180+, 200+
Men's Ski Race 50-54, 55-59, 60-64, 65-69, 70+	Men's Ski Race 30-34, 35-39, 40-44, 45-49	50-54, 55-59, 60-64, 65-69, 70+	Men's and Women's 1km Run 60-64, 65-69, 70+	Women's Surf Boat 120+, 140+, 160+, 180+, 200+
Men's Board Race 50-54, 55-59, 60-64, 65-69, 70+	Men's Board Race 30-34, 35-39, 40-44, 45-49	Women's Ski Race 30-34, 35-39, 40-44, 45-49	Women's Beach Sprint 30-34, 35-39, 40-44, 45-49	Mixed Surf Boat 220+, 240+, 260+
Men's Double Ski 50-54, 55-59, 60-64, 65-69, 70+	Men's Double Ski 30-34, 35-39, 40-44, 45-49	50-54, 55-59, 60-64, 65-69, 70+	50-54, 55-59, 60-64, 65-69, 70+	
Men's Surf Race 50-54, 55-59, 60-64, 65-69, 70+	Men's Surf Race 30-34, 35-39, 40-44, 45-49	Women's Board Race 30-34, 35-39, 40-44, 45-49	Women's Beach Relay 140+, 170+, 200+, 230+	
Men's Rescue Tube Race 50-54, 55-59, 60-64, 65-69, 70+	Men's Rescue Tube Race 30-34, 35-39, 40-44, 45-49	50-54, 55-59, 60-64, 65-69, 70+	Women's Beach Flags 30-34, 35-39, 40-44, 45-49	
Men's Board Rescue 50-54, 55-59, 60-64, 65-69, 70+	Men's Board Rescue 30-34, 35-39, 40-44, 45-49	Women's Double Ski 30-34, 35-39, 40-44, 45-49	50-54, 55-59, 60-64, 65-69, 70+	
Men's Ski Relay 150+, 170+	Men's Ski Relay 110+, 130+	Women's Surf Race 30-34, 35-39, 40-44, 45-49	Men's Beach Sprint 30-34, 35-39, 40-44, 45-49	
Men's Board Relay 150+, 170+	Men's Board Relay 110+, 130+	50-54, 55-59, 60-64, 65-69, 70+	30-34, 35-39, 40-44, 45-49	
Men's Surf Teams 150+, 170+	Men's Surf Teams 110+, 130+	Women's Rescue Tube Race 30-34, 35-39, 40-44, 45-49	50-54, 55-59, 60-64, 65-69, 70+	
Taplin 3 Man Relay 150+, 170+	Taplin 3 Man Relay 110+, 130+	50-54, 55-59, 60-64, 65-69, 70+	Men's Beach Relay 140+, 170+, 200+, 230+	
		Women's Board Rescue 30-34, 35-39, 40-44, 45-49	Men's Beach Flags 30-34, 35-39, 40-44, 45-49	
		50-54, 55-59, 60-64, 65-69, 70+	50-54, 55-59, 60-64, 65-69, 70+	
		Women's Ski Relay 110+, 130+, 150+, 170+		
		Women's Board Relay 110+, 130+, 150+, 170+		
		Women's Surf Teams 110+, 130+, 150+, 170+		
		Taplin 3 Woman Relay 110+, 130+, 150+, 170+		

*Please note: Masters competitors are to have their age group marked on both upper arms.

*Please note: The rescue tube race has been removed from 2019 Aussies Masters however will run at the 2019 Victorian Lifesaving Championships.

