

2020 Victorian Senior Lifesaving Championships – Lorne SLSC

Day 1 – Saturday, 22nd March 2020

Tides: H 0931 (1.78), L 1515 (0.91)

7.40am: Official opening, Officials and Athletes Oath, 7.45am: Marshalling, 8.00am: Start

Men's – Water Area 5 (Black & White)	Women's – Water Area 4 (Orange)	Men's Youth – Water Area 3 (Green & Gold)	Women's Youth – Water Area 2 (Red)	Beach Area (
<p>Open Men's Ski Race H Under 19 Men's Ski Race H Under 17 Men's Ski Race H Under 19 Men's Surf Race F Under 17 Men's Surf Race S/F Open Men's Surf Race SF Under 17 Men's Board Relay F Under 19 Men's Board Relay F Open Men's Board Relay H Under 17 Men's Board Race H Under 19 Men's Board Race H Open Men's Board Race H Under 19 Men's Surf Teams F (4) Under 17 Men's Surf Teams F (4) Open Men's Surf Teams SF (4) Under 19 Men's Taplin F (3) Under 17 Men's Taplin F (3) Open Men's Taplin F (6) SUN Under 19 Men's Ski Relay F Open Men's Ski Relay F Under 17 Men's Ski Relay F Over 24 Restricted Men's Surf Race F Under 17 Men's Surf Race F Under 17 Men's Iron H Under 19 Men's Iron H Open Men's Iron H Under 17 Men's Board Race S/F Under 19 Men's Board Race S/F Open Men's Board Race S/F Under 17 Men's Surf Board Rescue H Under 19 Men's Surf Board Rescue H Open Men's Surf Board Rescue H Under 17 Men's Belt Race H Under 19 Men's Belt Race S/F Open Men's Belt Race S/F Under 17 Men's Tube Race Hx5 Under 19 Men's Rescue Tube Rescue F Open Men's Rescue Tube Rescue H Under 17 Men's Surf Board Rescue S/F U19 Men's Surf Board Rescue S/F Open Men's Surf Board Rescue S/F U17 Men's Tube Race S/F Open Men's Rescue Tube Rescue F (4) Open Men's Belt Race F (5) Under 17 Men's Belt Race F (5) Under 19 Men's Belt Race F (5) U19 Men's Surf Board Rescue F</p>	<p>Under 17 Women's Ski Relay F Under 19 Women's Ski Relay F Open Women's Ski Relay F Under 17 Women's Ski Race S/F Under 19 Women's Ski Race F Open Women's Ski Race H Under 17 Women's Iron H Under 19 Women's Iron F Open Women's Iron H Under 17 Women's Taplin F (3) Under 19 Women's Taplin F (3) Open Women's Taplin S/F (3) Under 17 Women's Surf Teams F (4) Under 19 Women's Surf Teams F (4) Open Women's Surf Teams F (4) Under 17 Women's Board Relay F Under 19 Women's Board Relay F Open Women's Board Relay F Under 17 Women's Surf Race S/ F Under 19 Women's Surf Race F Open Women's Surf Race SF Over 24 Restricted Women's Surf Race F Under 17 Women's Surf Board Rescue H Under 19 Women's Surf Board Rescue S/F Open Women's Surf Board Rescue H Under 17 Women's Tube Race H Under 19 Women's Rescue Tube Rescue F (4) Open Women's Belt Race H (5) Under 17 Women's Tube Race S/F U19 Women's Belt Race F (5) Open Women's Rescue Tube Rescue H (4) Under 17 Women's Belt Race H (5) Open Women's Belt Race S/F (5) Under 17 Women's Belt Race F Open Women's Belt Race F (5) Open Women's Rescue Tube Rescue F (4)</p>	<p>Youth Men's Board Rescue H Youth Men's Board Relay H (3) Under 15 Men's Iron H Under 14 Men's Iron - H Youth Men's Cameron – H (4) Under 15 Men's Tube Race H Under 14 Men's Tube Race H Under 15 Men's Board Race H Under 14 Men's Board Race H Under 15 Men's Surf Race H Under 14 Men's Surf Race H Youth Men's Board Rescue S Under 14 Men's Tube Race Q Under 15 Men's Tube Race Q Youth Men's Surf Teams H (4)</p>	<p>Youth Women's Board Rescue H Youth Women's Board Relay H (3) Under 15 Women's Iron H Under 14 Women's Iron H Youth Women's Cameron H (4) Under 15 Women's Tube Race H U14 Women's Tube Race H Under 15 Women's Board Race H Under 14 Women's Board Race H U15 Women's Surf Race H Under 14 Women's Surf Race H Youth Women's Board Rescue S Under 14 Women's Tube Race Q Under 15 Women's Tube Race Q Youth Women's Surf Teams H (4)</p>	<p>Approximate Start Time: 8.15am Note after heats will be quarter/semi final</p> <p style="text-align: center;">BEACH SPRINTS</p> <p>Open Men's Beach Sprint H Open Women's Beach Sprint H Under 14 Men's Beach Sprint H Under 14 Women's Beach Sprint H Under 15 Men's Beach Sprint H Under 15 Women's Beach Sprint H Under 17 Men's Beach Sprint H Under 17 Women's Beach Sprint H Under 19 Men's Beach Sprint H Under 19 Women's Beach Sprint H</p> <p style="text-align: center;">QUARTER FINALS THEN SEMI FINALS AS REQUIRED</p> <p>Open Men's Beach Sprint F Open Women's Beach Sprint F Under 14 Men's Beach Sprint F Under 14 Women's Beach Sprint F Under 15 Men's Beach Sprint F Under 15 Women's Beach Sprint F Under 17 Men's Beach Sprint F Under 17 Women's Beach Sprint F Under 19 Men's Beach Sprint F Under 19 Women's Beach Sprint F</p> <p style="text-align: center;">BEACH RELAY</p> <p>Note after heats will be quarter/semi final</p> <p>Open Men's Beach Relay H (4) Youth Women's Beach Relay H (4) Open Women's Beach Relay H (4) Youth Men's Beach Relay H (4) Under 17 Men's Beach Relay H (4) Under 17 Women's Beach Relay H (4) Under 19 Men's Beach Relay H (4) Under 19 Women's Beach Relay H (4)</p> <p style="text-align: center;">QUARTER FINALS THEN SEMI FINALS AS REQUIRED</p> <p>Open Men's Beach Relay F (4) Open Women's Beach Relay F (4) Youth Men's Beach Relay F (4) Youth Women's Beach Relay F (4) Under 17 Men's Beach Relay F (4) Under 17 Women's Beach Relay F (4) Under 19 Men's Beach Relay F (4) Under 19 Women's Beach Relay F (4) Youth Mixed Beach Relay SF (4) Under 17 Mixed Beach Relay SF (4) Under 19 Mixed Beach Relay SF (4) Open Mixed Beach Relay SF (sponsored event) (4) Youth Men's Belt and Reel Youth Women's Belt and Reel Open Women's Belt and Reel Open Men's Belt and Reel</p>
			MARCH PAST	
			Will commence after the competition of the water area	
			R&R – Water Area 1	
			Marshalling 7:30AM 8:00AM Start	
			<p>Under 15 5 person R&R F Under 19 5 person R&R F Open Mixed 5 person R&R F Open Men's 5 person R&R F Open Women's 5 person R&R F Under 17 5 person R&R F Open 6 person R&R F</p>	
		<p>Please note the following items:</p> <ul style="list-style-type: none"> • Heats or Semis will become straight finals if numbers allow and the FINAL will be run where the relevant Heat or Semi has been programmed on Sat the 22nd of March. This excludes the "Dolphin" Open Women's and Men's Iron Finals and Taplin's • Women's & Men's Iron (U17, U19 & Open), Open Women's Ski, Open Women's Taplin Finals and Open Men's Surf race are held in the Men's Area as programmed • This is a program of events. Order of events for each age group may change at any time and is dependent on area availability / general conditions Due to time constraints and weather conditions events may be modified or cancelled at the referee discretion. • All Women's Taplin relays consists of 3 competitors • The Open Men's Taplin relay consists of 6 competitors • The Surf Teams consists of 4 competitors • Cameron Relay consists 4 competitors • All events will be held in accordance with the rules as set out in the SLSA 36th Edition of the Surf Sports Manual as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2019 / 2020 Team Managers and Officials Handbook • (Number) = Number of Competitors 		

2020 Victorian Senior Lifesaving Championships – Lorne SLSC

Day 2 – Sunday, 23rd March 2020

Tides: H 01053 (1.77), L 1638 (0.98)

Variable Start Times in each area

Men's – Water Area 3 Marshalling 7:45AM 8:00AM Start	Women's – Water Area 2 Marshalling 8.30AM 8.45AM Start	Youth – Water Area 1 Marshalling 7.45AM 8.00AM Start	Surf Boats – Water Area 4
<p>Life Saver Relay F</p> <p>Open Women's Double Ski Race F</p> <p>Open Men's Double Ski Race SF</p> <p>19 Women's Double Ski Race F</p> <p>Open Mixed Double Ski Race SF</p> <p>Under 19 Men's Double Ski Race F</p> <p>Open Mixed Double Ski Race F</p> <p>Under 17 Men's Ski Race S F</p> <p>Open Men's Double Ski Race F</p> <p>Under 19 Men's Ski Race F</p> <p>Open Men's Ski Race SF</p> <p>Under 17 Men's Board Race F</p> <p>Under 19 Men's Board Race F</p> <p>Open Men's Board Race F</p> <p>Under 17 Men's Tube Race F</p> <p>Open Men's Surf Board Rescue F</p> <p>Under 17 Men's Surf Board Rescue F</p> <p>Open Men's Surf Race F</p> <p>Under 17 Men's Iron SF</p> <p>Open Men's Ski Race F</p> <p>Under 17 Men's Ski Race F</p> <p>Open Women's Ski Race F</p> <p>Open Men's Iron SF</p> <p>Open Men's Board Relay F (3)</p> <p>Under 19 Women's Iron F</p> <p>Under 19 Men's Iron F</p> <p>Under 17 Women's Iron F</p> <p>Under 17 Men's Iron F</p> <p>Open Women's Iron F</p> <p>Open Men's Iron F</p> <p>Open Women's Taplin F (3)</p> <p>Open Men's Taplin F (6)</p>	<p>WOMEN'S AFTER MIXED DOUBLE SKI</p> <p>Open Women's Surf Race F</p> <p>Under 17 Women's Surf Race F</p> <p>Under 19 Women's Board Race H</p> <p>Under 17 Women's Board Race H</p> <p>Open Women's Board Race Hx4</p> <p>U19 Women's Board Race F</p> <p>Under 17 Women's Board Race SF</p> <p>Under 17 Women's Tube Race F</p> <p>Open Women's Surf Board Rescue SF</p> <p>Under 19 Women's Surf Board Rescue F</p> <p>Under 17 Women's Surf Board Rescue F</p> <p>Open Women's Surf Board Rescue F</p> <p>Under 17 Women's Ski Race F</p> <p>Open Women's Board Race SF</p> <p>Under 17 Women's Board Race F</p> <p>Open Women's Board Race F</p> <p>Under 17 Women's Iron SF</p> <p>Open Women's Ski Race SF</p>	<p>Under 14 Women's Board Race SF</p> <p>Under 14 Men's Board Race SF</p> <p>Under 15 Women's Board Race F</p> <p>Under 15 Men's Board Race F</p> <p>Under 14 Women's Board Race F</p> <p>Under 14 Men's Board Race F</p> <p>Under 15 Women's Tube Race F</p> <p>Under 14 Men's Tube Race SF</p> <p>Under 14 Women's Tube Race SF</p> <p>Under 15 Men's Tube Race F</p> <p>Under 14 Women's Tube Race F</p> <p>Under 14 Men's Tube Race F</p> <p>Youth Women's Board Rescue F</p> <p>Youth Men's Board Rescue F</p> <p>Under 14 Men's Surf Race F</p> <p>Under 14 Women's Surf Race F</p> <p>Under 15 Men's Surf Race F</p> <p>Under 15 Women's Surf Race F</p> <p>Youth Men's Board Relay F (3)</p> <p>Youth Women's Board Relay F (3)</p> <p>Youth Women's Cameron F (4)</p> <p>Youth Men's Cameron F (4)</p> <p>Youth Women's Surf Teams F (4)</p> <p>Youth Men's Surf Teams F (4)</p> <p>U15 Women's Iron F</p> <p>U15 Men's Iron F</p> <p>Under 14 Men's Iron F</p> <p>Under 14 Women's Iron F</p>	<p>Life saver Relay 8.00am</p> <p>Approx. 9.00am AM Start</p> <p>AS PER VSRL PROGRAM</p> <p>Surf Boats Meeting 8.30am</p> <p>Last Event is Surf Boat Relay</p>
			<p>Beach Area</p> <p>Marshalling 8:15AM</p> <p>8.30AM Start</p>
			<p>BEACH RUN</p> <p>Under 14 Men's 1km F</p> <p>Under 14 Women's 1km F</p> <p>Under 15 Men's 2km Run F</p> <p>Under 15 Women's 2km Run F</p> <p>Open Men's 2km Run F</p> <p>Open Women's 2km Run F</p> <p>Under 19 Men's 2km Run F</p> <p>Under 19 Women's 2km Run F</p> <p>Under 17 Men's 2km Run F</p> <p>Under 17 Women's 2km Run F</p> <p>Youth Women's 2x1km Relay</p> <p>Youth Men's 2x1km Relay</p> <p>U17 Men's 2x1km Relay</p> <p>U17 Women's 2x1km Relay</p> <p>U19 Men's 2x1km Relay</p> <p>U19 Women's 2x1km Relay</p> <p>Open Men's 2x1km Relay</p> <p>Open Women's 2x1km Relay</p> <p>Under 14 Men's Flags H</p> <p>Under 14 Women's Flags H</p> <p>Open Men's Beach Flags H</p> <p>Open Women's Beach Flags H</p> <p>Under 15 Men's Beach Flags H</p> <p>Under 15 Women's Beach Flags H</p> <p>Under 17 Men's Beach Flags H</p> <p>Under 17 Women's Beach Flags H</p> <p>Under 19 Men's Beach Flags H</p> <p>Under 19 Women's Beach Flags H</p> <p>Under 14 Men's Flags F</p> <p>Under 14 Women's Flags F</p> <p>Under 15 Men's Beach Flags F</p> <p>Under 15 Women's Beach Flags F</p> <p>Under 17 Men's Beach Flags F</p> <p>Under 17 Women's Beach Flags F</p> <p>Under 19 Men's Beach Flags F</p> <p>Under 19 Women's Beach Flags F</p> <p>Open Women's Beach Flags F</p> <p>Open Men's Beach Flags F</p>
	<p>Please note the following items:</p> <ul style="list-style-type: none"> Heats or Semis will become straight finals if numbers allow and the FINAL will be run where the relevant Heat or Semi has been programmed on Sat the 22nd of March. This excludes the "Dolphin" Open Women's and Men's Iron Finals and Taplin's Women's & Men's Iron (U17, U19 & Open), Open Women's Ski, Open Women's Taplin Finals and Open Men's Surf race are held in the Men's Area as programmed This is a program of events. Order of events for each age group may change at any time and is dependent on area availability / general conditions Due to time constraints and weather conditions events may be modified or cancelled at the referee discretion. All Women's Taplin relays consists of 3 competitors The Open Men's Taplin relay consists of 6 competitors The Surf Teams consists of 4 competitors Cameron Relay consists 4 competitors All events will be held in accordance with the rules as set out in the SLSA 36th Edition of the Surf Sports Manual as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2019 / 2020 Team Managers and Officials Handbook 		

