Rip Current Safety

Activity 4: Getting Help

View the 'Rip Current Safety – Getting Help' video tour at
www.lsv.com.au/vr

Key Learning

During this lesson, students will learn what to do if they see someone in trouble in the water. They will apply what they have learnt over the past four lessons to make decisions about which beaches would be safest to swim at given the conditions on the day, considering their own knowledge and ability.

Resources

- Smartboard
- Students' *Current Thinking* reflections from Lesson 2 – 'Spotting and Avoiding Rip Currents'
- Computer access for students

Engage

- Give students back their *Current Thinking* sheets from Lesson 2 – 'Spotting and Avoiding Rip Currents'. Ask them to complete the activity again using a different colour.
- As a whole group, discuss:
  - Did your thinking change? If so, how?
  - What have you learnt?
  - Next time you go to the beach, is there anything that you might do differently?

Explore

- As a whole group, discuss:
  - Have you ever witnessed or been involved in an emergency situation? *Please note: This may be a sensitive topic for students. It is important for teachers to be aware of potential discussions prior to the lesson.*
  - Where did it happen?
  - How did you feel?
  - What did you do?

Curriculum

Health and Physical Education – Personal, Social and Community Health
Being healthy, safe and active
Levels 5 & 6

- Plan and practise strategies to promote health, safety and wellbeing (VCHPEP108)

Digital Technologies – Data and Information
Levels 5 & 6

- Acquire, store and validate different types of data and use a range of software to interpret and visualise data to create information (VCDTDI028)

🔍 Explore (continued)

- In pairs, students are to discuss what they could do to help if they saw someone in trouble in the water at the beach. Come back together as a whole group and share some of their suggestions.

📢 Explain

- Watch Video 4 – Getting Help (www.lsv.com.au/vr)

✏️ Elaborate

- Together, look at the Beachsafe website and search for a beach. This could be a nearby beach or a beach that students may have visited on holidays.
- As a class, read through the important information, paying particular attention to:
  - Whether it is patrolled or unpatrolled
  - Hazard warnings
  - Information symbols
  - Current conditions and how these might change
- Ask students to consider this information as well as their own ability and make a decision about whether they would swim at that beach today. Encourage them to justify their decision.

🖥️ Evaluate

- Students can now use the Beachsafe website to look for nearby beaches or beaches they have visited. They need to analyse the current conditions and safety information for each beach and make a decision about whether or not they would swim there today. They should also consider which conditions may change during the day and what they can look out for that may cause conditions to change, i.e. wind and temperature.
- Students can then create a map that displays their choices using MapMaker Interactive. They can add shapes, text and photos to their map. For each beach, students should include:
  - A photo
  - Their decision – Swim or Don't Swim
  - Three pieces of information that support their decision

References

Surf Life Saving. *Beachsafe*, https://beachsafe.org.au/ [viewed 31 August 2021]

National Geographic. *MapMaker Interactive*, https://mapmaker.nationalgeographic.org/ [viewed 31 August 2021]