



Senior Beach Carnival
Altona LSC
Sunday, 20th January 2019

Events

U14 Women's and Men's 1km Run
U15, U17, U19 and Open Women's and Men's 2km Run
All Ages Women's and Men's Beach Flags
All Ages Women's and Men's Beach Sprints
All Ages Women's and Men's Beach Relays
U15, U17, U19 and Open Mixed Beach Relay
U14 Women's and Men's Belt & Reel
U15, U17, U19 and Open 2 x 1km Relay
*U14 belt and reel to run concurrently with mixed beach
relays and long run relays

