

# LSV Training

## DELIVERY PLAN



**Delivering Safe and Compliant Training and Assessment Activities in a COVID-19 Environment**

V13.0 - APPLICABLE FROM 26 SEPTEMBER 2021

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# 1.0 Training Delivery Plan

## 1.1 Aim / Objective

This document has the primary objective of assessing the health and safety risks associated with LSV's training and assessment activities, in order to assess what controls are in place and/or could be put in place to meet both stakeholder safety and course compliance obligations.

**This document has the following aims:**

- To provide a structured approach to risk management for training and assessment activities;
- To support the provision of a safe learning environment for candidates and trainers;
- To act as a resource tool/reference for LSV trainers, assessors and facilitators; and,
- To demonstrate adherence to regulatory and compliance obligations.

This document must be read in conjunction with:

- Public Training - LSV Training - Risk Assessment
- Volunteer Training - COVID Recovery Resources - <https://lsv.com.au/clubcovidrecovery/>

## 1.2 Project Scope and Context

**Internal consultation was made with the following stakeholders:**

- Kevin Brabazon - Public Training Manager
- Micah Spedding - Volunteer Training Manager
- Alek Olszewski - Manager Aquatic Industry Services
- Andy Dennis - General Manager: Training and Aquatic Industry Specialist
- Matthew Conway - Quality Assurance Specialist
- LSV Operations Personnel (various)
- Committee of Training and Assessment
- Life Saving Operations Council Executive

**External consultation was made with / considers the positions of the following stakeholders:**

- Emergency Management Victoria: Response Agency Taskforce
- Royal Life Saving Society Australia: VET Working Group
- Surf Life Saving: Education Management Committee
- First Aid Industry Reference Committee (communication received)
- Australian Resuscitation Council (communication received)

1. The project was commissioned by Andy Dennis (LSV).
2. The original risk assessment was undertaken and prepared by Adrian Paino, RJ Houston and Erin Collins (LSV).
3. The document considers various resources and references as set out in the Reference section and must be read in conjunction with LSV COVIDSafe resources.

This document is for use by:

- Training personnel delivering on behalf of the LSV Public Training team
- Training personnel delivering on behalf of Lifesaving / Surf lifesaving clubs
- Training personnel delivering on behalf of LSV Third Party providers
- Service Members delivering on behalf of the LSV Public Training Team
- Facility Champions delivering on behalf of the LSV Public Training Team
- LSV Public Training and Volunteer Training staff
- LSV Quality Assurance team staff

### 1.3 Document Management

Role	Name	Date	Effective From
<b>Authorised Officer</b>	Andy Dennis	21/09/2021	26/09/2021
<b>PT Manager</b>	Kevin Brabazon	21/09/2021	26/09/2021
<b>VT Manager</b>	Micah Spedding	21/09/2021	26/09/2021
<b>Assessor Name</b>	Alek Olszewski	21/09/2021	26/09/2021
<b>QA Representative</b>	Kate Penney	21/09/2021	26/09/2021

Given the high number of rapid changes that have occurred during the COVID-19 pandemic, the guidance within this document is effective as of the date indicated above and is considered out of date once downloaded or printed.

## 1.4 Coronavirus (COVID-19) Pandemic

2020 saw the emergence of the novel coronavirus (COVID-19), resulting in a global pandemic. Businesses, as part of their health and safety obligations to their employees and external stakeholders, have had to introduce a range of physical distancing measures in order to (so far as is reasonably practicable) ensure that risks to health and safety are avoided.

LSV continues to closely monitor the coronavirus (COVID-19) pandemic through official sources. LSV commends the Victorian Government on its approach and remains supportive of all measures to protect local communities.

All practical and mandated efforts should be taken to prevent viral spread. Below are some examples of simple control measures within the training and assessment area of LSV training and education.

- Alignment with LSV COVIDSafe plan principles
- Instruct participants on how to safely apply or remove Personal Protective Equipment (PPE)
- Individuals conduct proper hand-hygiene following each intervention or personal contact
- Individuals wear gloves, face and eye protection where practicable
- Provision of adequate PPE to those exposed to the risk of infection
- Resuscitation techniques to be undertaken in line with ARC recommendations
- Thorough cleaning and disinfection of training equipment between usage
- Encourage appropriate hygiene measures before, during and after activities
- Cease training and assessment activities (if necessary) to meet Government restrictions
- Ensuring suitable equipment and space provisions to allow for physical distancing

Significant literature and resources exist on the current pandemic and the situation continues to evolve as at the time of writing this document.

<https://www.dhhs.vic.gov.au/coronavirus>

<https://lsv.com.au/clubcovidrecovery/>

## 2.0 Training Delivery

### 2.1 Current Status

All Victorians are required to continue to adhere to specific yet evolving Government restriction levels as part of the Government recovery roadmap.

<https://www.coronavirus.vic.gov.au/>

### 2.2 Principles

All training candidates have the right to a healthy and safe training environment. As COVID-19 restrictions change/evolve, LSV members and staff will continue to work together to adapt and promote safe training practices, consistent with advice from health authorities, to ensure training environments are ready to meet the physical and hygiene measures that can positively contribute during this uncertain and challenging time.

LSV recognises that the COVID-19 pandemic is a public health emergency that requires a uniquely focused approach to training and assessment, and decisive actions founded on expert health advice. LSV has brought together the following information as a guide to help manage the hazards associated with training and assessment activities.

A range of key principles have been developed by key stakeholders to support the safe delivery of training and assessment activities, where it is permissible. These give consideration to reducing the spread of COVID-19. Key principles accepted by LSV are detailed below.

#### 2.2.1 Department of Health and Human Services - Principles

- Limited physical greetings and ensuring a distance of at least **1.5m between person** where practical.
- **Reduce group sizes** to meet the requirements of any density quotients.
- Wash your hands often with **soap and water for at least 20 seconds**, especially after you have been in a public place, or after blowing your nose, coughing, sneezing, or using the toilet.
- **Try not to touch** your eyes, nose or mouth.
- **Cover your nose and mouth** with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- **Stay at home if you feel sick**. If you take medication make sure you have enough.
- Stay at home and **get tested** if you have symptoms of coronavirus (COVID-19), however mild.
- Phone your doctor or the **coronavirus hotline** (1800 675 398) - if you need **medical attention**. They will tell you what to do.
- Continue **healthy habits**: exercise, drink water, get plenty of sleep.
- Wearing a **face covering** is recommended where physical distancing isn't reasonably practical (except where an appropriate exemption is in place).

- Use an alcohol-based **hand sanitiser** with over 60% alcohol.
- **Do not share** drink bottles, crockery or cutlery.
- **QR code** sign in is required.
- Activity **density quotients** must apply.
- Select events / venues require attendees to be fully **vaccinated**.

### 2.2.2 Department of Education and Training - Principles

- If you think a child, student or staff member may have the coronavirus, please call the 24-hour **coronavirus hotline** (1800 675 398).
- If a child, student or staff member is a **confirmed case**, please call the Department of Health and Human Services (DHHS) to discuss further actions (1300 651 160).
- Compliance **requirements remain mandatory**, within the existing framework, except for where specific exemptions have been granted. These exemptions will be built into the training/ assessment and assessment adjustment where required.

### 2.2.3 EMV: Response Agency Taskforce - Principles

- Staged return to training. **Agencies to determine** what training is required.
- Training **group size** and **number of groups** reflective of member numbers i.e. percentage of membership rather than the maximum allowable number at on time. Crew size is deemed most appropriate (skill mix accounted for).

Note: For volunteers, this is clearly set out in the '**LSV Activity Guide**'.

- Robust **recording mechanism** to ensure 'contact tracing' is able to be undertaken.
- **Open space** environment for initial training re-engagement where possible.

### 2.2.4 RLSSA - Guidelines for Safe Pool Operations - Principles

- To keep our workplaces healthy and safe, businesses must, in consultation with workers, and their representatives, **assess the way they work** to identify, understand and quantify risks and to implement and review control measures to address those risks.
- As COVID-19 restrictions are gradually relaxed, businesses, workers and other duty holders **must work together to adapt** and promote safe work practices, consistent with advice from health authorities, to ensure their workplaces are ready for the social distancing and exemplary hygiene measures that will be an important part of the transition.
- Businesses and workers must **actively control** against the transmission of COVID-19 while at work, consistent with the latest advice from the Australian Health Protection Principal Committee (AHPPC), including considering the application of a hierarchy of appropriate controls where relevant.
- Existing state and territory jurisdiction of health and safety compliance and enforcement remains critical. While acknowledging that individual variations across WHS laws mean approaches in different parts of the country may vary, to ensure business and worker confidence, a **commitment** to a consistent national approach is key.

States and Territories ultimately have the **role of providing advice, education, compliance** and enforcement of WHS and will leverage the use of the WorkSafe central hub in fulfilling their statutory functions.

The work of the National COVID-19 Coordination Commission will complement the work of Safe Work Australia (SWA), jurisdictions and health authorities to **support industries** more broadly to respond to the COVID-19 pandemic appropriately, effectively and safely.

### 2.2.5 Australian Industry and Skills Committee (AISC)

The Australian Industry and Skills Committee (AISC) have advised Registered Training Organisations (RTOs) such as LSV, of updated advice in relation to the delivery of first aid training. The below sets out the advice, as well as any club actions required.

- RTOs delivering cardiopulmonary resuscitation within the associated First Aid units must ensure a risk assessment be completed before delivery and comply with State and Territory Health requirements and any local restrictions as advised.
- In areas where no local transmission of COVID-19 has been reported, RTO's who wish to resume training and assessing breaths directly into a manikin may do so. RTO's however, must follow all manufacturer's instructions regarding the cleaning and infection control processes, including any specific guidance on their use during the COVID-19 pandemic.
- In local areas where community transmission of COVID-19 has been reported, or where an area has been declared a hot spot, RTOs are permitted to continue providing "reasonable adjustment" during the CPR assessment process and have students perform breaths to the side of the manikin.
  - Assessors are to use their professional judgement in assessing the competence of a student's capacity to perform CPR under these circumstances.
  - RTOs must still assess students against all other aspects of CPR as per the unit of competency requirements set out in the HLT Training Package. All other Assessment Requirements, including the Assessment Conditions, must also be met.
- RTOs who decide to resume training and assessing breaths directly into a manikin must allow reasonable adjustment, as outlined above, this only applies for students who choose not to provide breaths directly into a manikin. RTOs should also consider:
  - State, Territory and Federal Health authority's advice ([www.health.gov.au](http://www.health.gov.au)) o Australian Resuscitation Council's recommendations and guidelines ([www.resus.org.au](http://www.resus.org.au))
  - Safe Work Australia advice ([www.safeworkaustralia.gov.au](http://www.safeworkaustralia.gov.au))
  - Standards for Registered Training Organisations (RTOs) 2015 ([www.asqa.gov.au](http://www.asqa.gov.au))
- The flexibility provisions will be reassessed, and further advice provided pending the COVID-19 vaccination rollout. Other industry regulators
- If an RTO advertises and delivers a training product to lead to an occupational or licensed outcome with an industry regulator, the RTO must ensure that delivering with these adaptive measures will continue to enable a student to meet industry regulatory requirements.
- RTOs should also contact industry regulators, where appropriate, regarding any additional changes to their requirements around first aid training during the COVID-19 pandemic.



## 2.3 General Adjustments - Behind the Scenes (All Courses)

The following risk mitigants will be applied to all LSV training and assessment activities:

### Trainers / Candidates

- Complete trainer induction on necessary adjustments (Trainers only).
- Complete Federal Government COVID-19 online training.
- Ensure candidates/members are advised of current restrictions/requirements through the enrolment process.

### Resourcing / Planning

- Modify training and assessment activities and/or work instructions.
- Make provisions for the use of members to undertake all practical activities in groups no larger than four (4) and to remain in those groups throughout the course.
- Make appropriate provisions to individualise training and assessment activities if required.
- Update course specific trainer resource instructions.

### Enrolment

- Adherence to the formal course approval process (not applicable for Community Awards/ Professional Development).
- Do not allow walk-ins (who have not booked) to attend scheduled activities.
- Reduce course capacities to achieve physical distancing requirements.

### Venue Selection / Hire

- Ensure sufficient space to allow for physical distancing to be maintained during all activities.
- Adjustment of Training Venue Partnership Agreement to include “partner training venues will:
  - Develop and maintain appropriate physical distancing policies and preventative measures.
  - Develop and maintain appropriate systems and procedures to ensure compliance with Health Department measures and the Guidelines for Safe Pool Operations - Covid-19.
- For onsite private group training, include written confirmation that the client agrees to ensure that the training environment selected for the course will:
  - Develop and maintain appropriate physical distancing policies and density capacities as well as other necessary preventative measures.
  - Develop and maintain appropriate systems and procedures to ensure compliance with Health Department measures and the Guidelines for Safe Pool Operations - Covid-19.
  - Provide LSV with any requirements in advance to meet the risk assessment of the venue.

## Training Area Set Up

- A training room or area set up should be different for the theory component and practical components.
- A training area should have two entry/exit points where possible, to allow for a single direction of pedestrian traffic flow and reduce the risk of people gathering at one point.
- If and where possible, mark areas for entry and exits, and the direction of pedestrian traffic to avoid gatherings and promote physical distancing.
- Participants should be seated 1.5-2 metres away from each other to minimise physical contact, once they enter the room they must remain in the room if attending a short course/ community award to prevent potential cross contamination during training.
- The latest [Victorian Government physical distancing posters](#) and [COVID Safe app posters](#) are recommended to be displayed.
- Training rooms or areas are best to be arranged in classroom style where possible - use the U-Shape setup or individual desk setting to enable clear observation and ensuring adequate distancing between everyone.

## Equipment

- Use gloves when touching first aid kits and equipment or provide a paper list of the kit contents.
- Trainers and/or Supply Chain are required to wash bandages as well as EpiPen® and Asthma training resources upon completion of each training session they are used in.
- When demonstrating tourniquets on upper limb and lower limbs, do so over the top of clothing.
- Do not pass tourniquets around any more than is necessary, as they are complex and time consuming to clean.
- Disinfect all equipment prior to course - spray bags, zippers, medical grade oxygen bottle, regulators, tubing, etc.
- Ensure lung bags are changed and manikin faces are disinfected and cleaned thoroughly on a per session basis.
- Manikin chest skin can be cleaned with soap and hot water (moisture may damage the QCPR units so clean inside with a clean dry cloth).
- Manikin face connectors should be disassembled from the face masks and submerged in water which contains dishwashing detergent for 20 minutes, then rinsed in detergent free water.
- Manikin wipes should stay on the face of the manikin for at least 30 seconds before use (even though we are currently not ventilating manikins, please ensure you keep wiping down the face and chests of the CPR manikins).
- Post-training, submerge manikin face masks and face connectors (separated) in a hot water cleaning solution for 20 minutes.
- Antiseptic aerosol spray should be utilised over hard surfaces within the training facility.

For further information please refer to the LSV Work Instruction for 'SCM-SOP-109 Disinfecting Training Equipment' and Laerdal information on standard hygiene and cleaning procedures.

## 2.4 Candidate Briefing

It is the role of the course trainer to provide an appropriate briefing to the course candidates at the commencement of the training. The briefing should cover the course delivery plan, candidate expectations, guidance to those in higher risk categories and the option for any candidate to leave the course and request a refund.

### Venue Responsibilities (Summary)

- Sufficient space and table/chair arrangements
- Venue specific COVIDSafe plan / Return-to-Play plan
- Emergency management protocols
- Aquatic supervision (aquatic environments only)
- Facility hygiene protocols

### Trainer Responsibilities

- Modify training and assessment activities
- Aquatic risk assessment (if applicable)
- Equipment not shared between different groups (or sanitised between use)
- Equipment sanitisation at the end of each practical session
- Candidate attendance, briefing and ongoing management, enforcement and support
- Read and adhere to the necessary disinfectant protocol

### Further Information / Feedback

Public Training - 03 9676 6950 [training@lsv.com.au](mailto:training@lsv.com.au)

Volunteer Training - 03 9676 6980 [volunteertraining@lsv.com.au](mailto:volunteertraining@lsv.com.au)

## 2.5 Course Delivery Summary - Phase A

National Plan Phase A - 80% of 16+ with a single dose (anticipated 26<sup>th</sup> Sept 2021)

Course Type / Name	Community Awards/ PD	Public Training	Volunteer Training
<b>Theory-based courses</b>			
SISSS00110 Aquatic Technical Operator		Reg / Auth	
Training Officer Certificate			Met / Reg
Silver Medallion Beach Management			Met / Reg
Radio Operator Certificate			Met / Reg
<b>Resuscitation courses</b>			
HLTAID009 Provide Cardiopulmonary Resuscitation		Reg / Auth	Met / Reg
Resuscitation Awareness	N		
Resuscitation	N		
<b>First aid courses</b>			
HLTAID010 Provide Basic Emergency Life Support		Reg / Auth	N
HLTAID011 Provide First Aid (incl. ART/FA)		Reg / Auth	Met / Reg
HLTAID012 First Aid in an Education and Care Setting		Reg / Auth	
HLTAID014 Provide Advanced First Aid		Reg / Auth	
Course in First Aid Management of Anaphylaxis		Reg / Auth	
Course in Asthma Awareness		Reg / Auth	
Emergency Life Support	N		
<b>Advanced Resuscitation / Oxygen courses</b>			
HLTAID015 Provide Advanced Resuscitation Techniques (incl. ART/FA)		Reg / Auth	Met / Reg
Oxygen Resuscitation (accredited)		Reg / Auth	
Oxygen Resuscitation (non-accredited)	N		
<b>Pool Lifeguard courses</b>			
Pool Lifeguard		Reg / Auth	
Pool Bronze Medallion		Reg / Auth	
LSV Train the Trainer		Reg / Auth	
Hydrotherapy Rescue (Including CPR)		Reg / Auth	
In-Service Training	N	Reg / Auth	
<b>Lifesaving Programs</b>			
Dry / Wade / Accompanied rescue	N		

Course Type / Name	Community Awards/ PD	Public Training	Volunteer Training
Bronze star / medallion / cross	N		
Award of merit / distinction	N		
<b>Swim Teacher courses</b>			
LSV Swim Teacher		Reg / Auth	
LSV Teacher of Infant and Toddler		Reg / Auth	
LSV Teacher of a Person with a Disability		Reg / Auth	
<b>Aquatic rescue courses</b>			
Surf Rescue Certificate			Met / Reg
Bronze Medallion		Reg / Auth	Met / Reg
Community Surf Life Saving Certificate		Reg / Auth	
Inland Waterways Life Saving Certificate		Reg / Auth	
Silver Medallion Aquatic Rescue			N
Gold Medallion			N
<b>IRB / RWC courses</b>			
Inflatable Rescue Boat Crew			Met / Reg
Inflatable Rescue Boat Driver			Met / Reg
Rescue Watercraft (Jet Ski)			Met / Reg

### KEY

Auth = Authorised workers

Met = Metro (incl. Mitchell Shire, City of Greater Geelong, Surf Coast Shire, Cit of Ballarat)

Reg = Regional

## 2.6 Course Delivery Summary - Phase B

National Plan Phase B - 70% of 16+ with a double dose (anticipated 26<sup>th</sup> Oct 2021)

Course Type / Name	Community Awards/ PD	Public Training	Volunteer Training
<b>Theory-based courses</b>			
SISS00110 Aquatic Technical Operator		Met / Reg / Auth	
Training Officer Certificate			Met / Reg
Silver Medallion Beach Management			Met / Reg
Radio Operator Certificate			Met / Reg
<b>Resuscitation courses</b>			
HLTAID009 Provide Cardiopulmonary Resuscitation		Met / Reg / Auth	Met / Reg
Resuscitation Awareness	N		
Resuscitation	N		
<b>First aid courses</b>			
HLTAID010 Provide Basic Emergency Life Support		Met / Reg / Auth	N
HLTAID011 Provide First Aid (incl. ART/FA)		Met / Reg / Auth	Met / Reg
HLTAID012 First Aid in an Education and Care Setting		Met / Reg / Auth	
HLTAID014 Provide Advanced First Aid		Met / Reg / Auth	
Course in First Aid Management of Anaphylaxis		Met / Reg / Auth	
Course in Asthma Awareness		Met / Reg / Auth	
Emergency Life Support	N		
<b>Advanced Resuscitation / Oxygen courses</b>			
HLTAID015 Provide Advanced Resuscitation Techniques (incl. ART/FA)		Met / Reg / Auth	Met / Reg
Oxygen Resuscitation (accredited)		Met / Reg / Auth	
Oxygen Resuscitation (non-accredited)	N		
<b>Pool Lifeguard courses</b>			
Pool Lifeguard		Met / Reg / Auth	
Pool Bronze Medallion		Met / Reg / Auth	
LSV Train the Trainer		Met / Reg / Auth	
Hydrotherapy Rescue (Including CPR)		Met / Reg / Auth	
In-Service Training	N	Met / Reg / Auth	
<b>Lifesaving Programs</b>			
Dry / Wade / Accompanied rescue	N		

Course Type / Name	Community Awards/ PD	Public Training	Volunteer Training
Bronze star / medallion / cross	N		
Award of merit / distinction	N		
<b>Swim Teacher courses</b>			
LSV Swim Teacher		Met / Reg / Auth	
LSV Teacher of Infant and Toddler		Met / Reg / Auth	
LSV Teacher of a Person with a Disability		Met / Reg / Auth	
<b>Aquatic rescue courses</b>			
Surf Rescue Certificate			Met / Reg
Bronze Medallion		Met / Reg / Auth	Met / Reg
Community Surf Life Saving Certificate		Met / Reg / Auth	
Inland Waterways Life Saving Certificate		Met / Reg / Auth	
Silver Medallion Aquatic Rescue			N
Gold Medallion			N
<b>IRB / RWC courses</b>			
Inflatable Rescue Boat Crew			Met / Reg
Inflatable Rescue Boat Driver			Met / Reg
Rescue Watercraft (Jet Ski)			Met / Reg

**KEY**

Auth = Authorised workers

Met = Metro

Reg = Regional

## 2.7 Course Delivery Summary - Phase C

National Plan Phase C - 80% of 16+ with a double dose (anticipated 5<sup>th</sup> Nov 2021)

Course Type / Name	Community Awards/ PD	Public Training	Volunteer Training
<b>Theory-based courses</b>			
SISSS00110 Aquatic Technical Operator		Met / Reg / Auth	
Training Officer Certificate			Met / Reg
Silver Medallion Beach Management			Met / Reg
Radio Operator Certificate			Met / Reg
<b>Resuscitation courses</b>			
HLTAID009 Provide Cardiopulmonary Resuscitation		Met / Reg / Auth	Met / Reg
Resuscitation Awareness	Met / Reg / Auth		
Resuscitation	Met / Reg / Auth		
<b>First aid courses</b>			
HLTAID010 Provide Basic Emergency Life Support		Met / Reg / Auth	Met / Reg
HLTAID011 Provide First Aid (incl. ART/FA)		Met / Reg / Auth	Met / Reg
HLTAID012 First Aid in an Education and Care Setting		Met / Reg / Auth	
HLTAID014 Provide Advanced First Aid		Met / Reg / Auth	
Course in First Aid Management of Anaphylaxis		Met / Reg / Auth	
Course in Asthma Awareness		Met / Reg / Auth	
Emergency Life Support	Met / Reg / Auth		
<b>Advanced Resuscitation / Oxygen courses</b>			
HLTAID015 Provide Advanced Resuscitation Techniques (incl. ART/FA)		Met / Reg / Auth	Met / Reg
Oxygen Resuscitation (accredited)		Met / Reg / Auth	
Oxygen Resuscitation (non-accredited)	Met / Reg / Auth		
<b>Pool Lifeguard courses</b>			
Pool Lifeguard		Met / Reg / Auth	
Pool Bronze Medallion		Met / Reg / Auth	
LSV Train the Trainer		Met / Reg / Auth	
Hydrotherapy Rescue (Including CPR)		Met / Reg / Auth	
In-Service Training	Met / Reg / Auth	Met / Reg / Auth	
<b>Lifesaving Programs</b>			
Dry / Wade / Accompanied rescue	Met / Reg / Auth		



Course Type / Name	Community Awards/ PD	Public Training	Volunteer Training
Bronze star / medallion / cross	Met / Reg / Auth		
Award of merit / distinction	Met / Reg / Auth		
<b>Swim Teacher courses</b>			
LSV Swim Teacher		Met / Reg / Auth	
LSV Teacher of Infant and Toddler		Met / Reg / Auth	
LSV Teacher of a Person with a Disability		Met / Reg / Auth	
<b>Aquatic rescue courses</b>			
Surf Rescue Certificate			Met / Reg
Bronze Medallion		Met / Reg / Auth	Met / Reg
Community Surf Life Saving Certificate		Met / Reg / Auth	
Inland Waterways Life Saving Certificate		Met / Reg / Auth	
Silver Medallion Aquatic Rescue			Met / Reg
Gold Medallion			Met / Reg
<b>IRB / RWC courses</b>			
Inflatable Rescue Boat Crew			Met / Reg
Inflatable Rescue Boat Driver			Met / Reg
Rescue Watercraft (Jet Ski)			Met / Reg

### KEY

Auth = Authorised workers

Met = Metro

Reg = Regional

## 2.8 Specific Adjustments Theory-Based Courses

The table below details the courses covered in this section.

Course Name
SISSS00110 Aquatic Technical Operator
Training Officer Certificate
Silver Medallion Beach Management
Radio Operator Certificate

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Adjustment Required
Pool water testing	Rinsing out of pool water testing between use
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Group activities	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Group presentation	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another

## 2.9 Specific Adjustments Resuscitation Courses

The table below details the courses covered in this section.

<b>Course Name</b>
HLTAID009 Provide Cardiopulmonary Resuscitation
<b>Resuscitation Awareness</b>
<b>Resuscitation</b>

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Adjustment Required
<b>Equipment set up / down</b>	Reduce the equipment set up / down to one person (e.g. the Trainer)
<b>Post incident management</b>	Physical distancing to be maintained
<b>Infant CPR</b>	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
<b>Adult CPR</b>	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
<b>CPR (breathing)</b>	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
<b>AED (Defibrillator)</b>	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
<b>Initial patient assessment</b>	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient

## 2.10 Specific Adjustments First Aid Courses

The table below details the courses covered in this section.

Course Name
HLTAID010 Provide Basic Emergency Life Support
HLTAID011 Provide First Aid
HLTAID012 First Aid in an Education and Care Setting
HLTAID014 Provide Advanced First Aid
Course in First Aid Management of Anaphylaxis
Course in Asthma Awareness

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Adjustment Required
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Post incident management	Physical distancing to be maintained
Infant CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Adult CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
CPR (breathing)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
AED (Defibrillator)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Initial patient assessment	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient (if available)
Envenomation	Work in a small group (max. 2 (within the group of 4)) where possible Work in the same small groups throughout Keep different groups well apart from one another Consumable bandages
Sprains and strains (triage)	Work in a small group (max. 2 (within the group of 4)) where possible

Course Component	Adjustment Required
	<p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Consumable bandages</p> <p>Physical distancing to be maintained during triage</p> <p>Separate the deployment of resources for assessment of triage from the treatment of sprains and strains</p>
<b>Head, neck and spinal management</b>	<p>Work in a small group (max. 4) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Use of full size mannikin for spinal management if available</p>
<b>Seizure</b>	<p>Work in a small group (max. 4) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Simulate temperature check</p>
<b>Choking patient</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Allergic reaction or anaphylaxis</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Asthma attack</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Bleeding (incl. shock)</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Consumable bandages</p> <p>Use of another candidate for shock treatment (maintaining physical distancing)</p>
<b>Poisoning</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Consumable bandages</p>
<b>Fracture</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Consumable bandages</p>

## 2.11 Specific Adjustments Advanced Resuscitation / Oxygen Courses

The table below details the courses covered in this section.

Course Name
HLTAID015 Provide Advanced Resuscitation Techniques
Oxygen Resuscitation (accredited)
Oxygen Resuscitation (non-accredited)

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Adjustment Required
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Post incident management	Physical distancing to be maintained
Infant CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Adult CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
CPR (breathing)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
AED (Defibrillator)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Initial patient assessment	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient (if available)
Oxygen therapy/resuscitation	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Oropharyngeal airway	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Suction	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another

Course Component	Adjustment Required
Bag-valve mask	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another

## 2.12 Specific Adjustments Pool Lifeguard / Pool Bronze Medallion

The table below details the courses covered in this section.

Course Name
Pool Lifeguard
Pool Bronze Medallion
Lifeguard In-Service Training
LSV Train the Trainer
Hydrotherapy Rescue (Including CPR)

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Training Adjustment
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Post incident management	Physical distancing to be maintained
Infant CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Adult CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
CPR (breathing)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
AED (Defibrillator)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Initial patient assessment	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient (if available)
Oxygen therapy/resuscitation	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Rescue using up to 5 rescue aids	Work in a small group (max. 2 (within the group of 4)) where possible



Course Component	Training Adjustment
	<p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Use of mannikin as the patient</p>
<b>Unconscious recover (2m depth)</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Physical distancing to be maintained</p> <p>Use of mannikin as the patient</p>
<b>Search pattern in approx. 2m of water</b>	<p>Physical distancing to be maintained</p>
<b>Defensive techniques in deep water (individual)</b>	<p>Physical distancing to be maintained</p>
<b>25m tow rescue of a weak or injured swimmer</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Rescue tube at full length</p>
<b>12m accompanied rescue of a weak swimmer</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Use of mannikin as the patient</p>
<b>Survival skills (whilst dressed)</b>	<p>Physical distancing to be maintained</p>
<b>400m swim in 13 mins (whilst dressed)</b>	<p>Physical distancing to be maintained</p>
<b>Contact tow timed whilst dressed</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Throw rescue (10m) using an unweighted rope</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Reach rescue (2m) of a non-swimmer</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Fitness tests within the provided timeframes</b>	<p>Physical distancing to be maintained</p>

Course Component	Training Adjustment
<b>Correct techniques to respond to a major aquatic emergency (contact tow/ extraction)</b>	Work in the same small groups throughout Keep different groups well apart from one another
<b>Spinal management</b>	Work in the same small groups throughout Keep different groups well apart from one another

## 2.13 Specific Adjustments Lifesaving Programs

The table below details the courses covered in this section.

Course Name
Lifesaving Programs (Dry Rescue, Wade Rescue, Accompanied Rescue)
Lifesaving Programs (Bronze Star, Bronze Medallion, Bronze Cross)
Lifesaving Programs (Award of Merit, Award of Distinction)

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Training Adjustment
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. Trainer)
Resuscitation: Post incident management	Physical distancing to be maintained
Resuscitation: Infant CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Resuscitation: Adult CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Resuscitation: CPR (breathing)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
Resuscitation: AED (Defibrillator)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Resuscitation: Initial patient assessment	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient
Resuscitation – Oxygen: Oxygen therapy/resuscitation	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Reach	Work in a small group (max. 2 (within the group of 4)) where possible Work in the same small groups throughout Keep different groups well apart from one another Physical distancing to be maintained

Course Component	Training Adjustment
<b>Throw – weighted rope</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Throw – unweighted rope</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Throw – buoyant aid</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Wade – buoyant aid</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Wade – rigid aid</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Swim</b>	Physical distancing to be maintained
<b>Tread water</b>	Physical distancing to be maintained
<b>Surface diver</b>	Physical distancing to be maintained
<b>Wade and resuscitate</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p> <p>Complete the rescue before completing the resuscitation separately with the use of a manikin as the patient</p>
<b>Defensive techniques</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Accompanied rescue</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p>

Course Component	Training Adjustment
	<p>Keep different groups well apart from one another</p> <p>Rescue tube at full length</p>
<b>Underwater search</b>	Physical distancing to be maintained
<b>Throw – lifejacket</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Tow</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p> <p>Rescue tube at full length</p>
<b>Survival skills</b>	Physical distancing to be maintained
<b>Spinal Injury</b>	<p>Work in a small group (max. 4) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Rescue and Resuscitation</b>	<p>Work in a small group (max. 4) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Rescue tube at full length</p> <p>Complete the rescue before completing the resuscitation separately with the use of a manikin as the patient</p>
<b>Search and Rescue</b>	Physical distancing to be maintained
<b>Recover and Resuscitate</b>	Physical distancing to be maintained
<b>Timed Tow</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p> <p>Rescue tube at full length</p>
<b>Two Swimmers Locked Together</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p>
<b>Rescue and Emergency Care</b>	<p>Apply the relevant training adjustments for the outlined initiatives</p> <p>Complete the rescue before completing the resuscitation separately with the use of a manikin as the patient</p>

Course Component	Training Adjustment
Initiatives	Apply the relevant training adjustments for the outlined initiatives

## 2.14 Specific Adjustments Swim Teacher Courses

The table below details the courses covered in this section.

Course Name
LSV Swim Teacher
LSV Teacher of Infant and Toddler
LSV Teacher of a Person with a Disability

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Training Adjustment
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Post incident management	Physical distancing to be maintained
Infant CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Adult CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
CPR (breathing)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
AED (Defibrillator)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Initial patient assessment	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient (if available)
Oxygen therapy/resuscitation	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Rescue using up to 5 rescue aids	Work in a small group (max. 2 (within the group of 4)) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient Use of non-contact scenarios

Course Component	Training Adjustment
<b>Unconscious recover (2m depth)</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Use of mannikin as the patient</p>
<b>Search pattern in approx. 2m of water</b>	Physical distancing to be maintained
<b>Defensive techniques in deep water (individual)</b>	Physical distancing to be maintained
<b>25m tow rescue of a weak or injured swimmer</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained.</p> <p>Rescue tube at full length</p>
<b>12m accompanied rescue of a weak swimmer</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Use of mannikin as the patient</p>
<b>Throw rescue (10m) using an unweighted rope</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>
<b>Reach rescue (2m) of a non-swimmer</b>	<p>Work in a small group (max. 2 (within the group of 4)) where possible</p> <p>Work in the same small groups throughout</p> <p>Keep different groups well apart from one another</p> <p>Physical distancing to be maintained</p>



## 2.15 Specific Adjustments Aquatic Rescue Courses

The table below details the courses covered in this section.

Course Name
Surf Rescue Certificate
Bronze Medallion
Community Surf Life Saving Certificate
Inland Waterways Life Saving Certificate
Silver Medallion Aquatic Rescue
Gold Medallion

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Training Adjustment
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Post incident management	Physical distancing to be maintained
Infant CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Adult CPR	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
CPR (breathing)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Offer simulated rescue breaths (to the side of patients' head)
AED (Defibrillator)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Initial patient assessment	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient (if available)
Return patient to shore	Work in a small group (max. 2 (within the group of 4)) where possible Work in the same small groups throughout Keep different groups well apart from one another Use of mannikin as the patient where practicable

Course Component	Training Adjustment
<p><b>Demonstrate safe carry with team member and patient placed safely on beach</b></p>	<p>Work in a small group (max. 4) where possible            Work in the same small groups throughout            Keep different groups well apart from one another            Use of mannikin as the patient where practicable</p>
<p><b>Use appropriate technique to assist patient on board and return to shore</b></p>	<p>Work in a small group (max. 2 (within the group of 4)) where possible            Work in the same small groups throughout            Keep different groups well apart from one another            Use of mannikin as the patient where practicable            Where there is an option of a board or tube rescue, a tube rescue should be utilised</p>

## 2.16 Specific Adjustments IRB / RWC Courses

The table below details the courses covered in this section.

Course Name
Inflatable Rescue Boat Crew
Inflatable Rescue Boat Driver
Rescue Watercraft (Jet Ski)

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Training Adjustment
Equipment set up / down	Reduce the equipment set up / down to one person (e.g. the Trainer)
Casualty retrieved (IRB)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Limited each group to one IRB
Perform basic patient care (IRB)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Limited each group to one IRB
Patient correctly positioned and secured (IRB)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Limited each group to one IRB
Patient carry and handover (IRB)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Secure patient safely on the rescue sled (RWC)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Reduce sharing of RWC's where possible
Effectively remove patient from sled (RWC)	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another Reduce sharing of RWC's where possible

## 2.17 Specific Adjustments Helicopter Training

The table below details the courses covered in this section.

Course Name
Helicopter Training

All guiding principles and general adjustments apply.

### Course Specific Requirement

Course Component	Training Adjustment
Equipment set up / down	Reduce the equipment set up / down to one person allocated to setting up their role-specific gear (i.e. Rescue Crew sets up rescue gear, Winch Operator check winch)
Winch Retrieval Methods	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Perform basic patient care	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Patient correctly positioned and secured	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Hover Entry-Exit Procedure	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another
Surf Deployment Procedure	Work in a small group (max. 4) where possible Work in the same small groups throughout Keep different groups well apart from one another

## 3.0 Appendixes

### 3.1 Appendix One - Training and Risk Management - Glossary of Terms

The following definitions are used throughout this document.

- **Trainer/s:** The person/s tasked to deliver the training course, community award or professional development content to the course candidates. This includes LSV Service Members and LSV Facility Champions. Also includes the Assessor and Facilitator.
- **Candidate/s:** The customers who have enrolled in LSV's training course.
- **Courses/s:** Any education session taking place including Community Awards, Professional Development or Accredited Training.
- **Qualifications:** Accredited training certificates issued by an authorised Registered Training Organisation in line with the requirements of the Australian Skills Qualification Authority.
- **Risk:** The effect of uncertainty on objectives.
- **Risk management:** Coordinated activities to direct and control an organisation with regard to risk.
- **Stakeholder:** Person or organisation that can affect, be affected by, or perceive themselves to be affected by a decision or activity.
- **Risk source:** Element which alone or in combination has the potential to give rise to risk.
- **Event:** Occurrence or change of a particular set of circumstances.
- **Consequence:** Outcome of an event affecting objectives.
- **Likelihood:** Chance of something happening.
- **Control:** Measure that maintains and/or modifies risk

The information within this document has been included as guidance material only and will require to be systematically monitored and reviewed as a component of the risk management process ISO 31000:2018: Guidelines - Risk Management.

### 3.2 Appendix Two - Key Stakeholders

- Australian Skills Qualification Authority
- Australian Resuscitation Council
- Course candidates
- Emergency Management Victoria
- Emergency Management Victoria: Response Agency Task Force (Training)
- First Aid Industry Reference Committee
- LSV Trainers and Assessors
- LSV: Lifesaving Operations Council Executive
- LSV: Committee of Training and Assessment
- Royal Life Saving Australia: VET Working Group
- Royal Life Saving Australia: National Aquatic Industry Steering Committee
- Surf Life Saving Australia: Education Management Group
- Victorian Government: Department of Health and Human Services

### 3.3 Appendix Three - Occupational Health and Safety Legislation

1. Employers must, so far as is reasonably practicable, monitor conditions at any workplace under the employer's management and control (OHS Act s22).
2. The employer's duties may also extend to independent contractors engaged by the employer and any employees of the independent contractor working at the workplace (OHS Act s21(3) and s35(2)).
3. Employers must provide employees with any necessary information, instruction, training or supervision to enable them to perform their work in a way that is safe and without risks to health (OHS Act s21(2)(e)). This duty also extends to independent contractors (including any employees of the independent contractor) engaged by the employer in relation to matters over which the employer has control (OHS Act s21(2)(e)).
4. Employers owe a duty to ensure that persons other than employees of the employer are not exposed to risks to their health or safety arising from the conduct or undertaking of the employer (OHS Act s23(1)). This duty also applies to self-employed persons (Licensees) (OHS Act s24(1)).
5. Employees must take reasonable care for their own health and safety as well as for persons who may be affected by the employee's acts or omissions at a workplace and cooperate with their employer with respect to any action taken by the employer to comply with the legislation (OHS Act s25)
6. A person who has to any extent management or control of a workplace must ensure so far as is reasonably practicable that the workplace is safe and without risks to health (OHS Act s26).

### 3.4 Appendix Four - IRC Advice on First Aid Training

Many RTOs have raised concerns about the ongoing delivery of First Aid training during the COVID-19 pandemic. RTOs must comply with State and Federal Health Authority directions. RTOs should perform a risk assessment when deciding whether or not to continue to provide First Aid training, taking into account the following:

- State, Territory and Federal Health Authorities' advice ([www.health.gov.au](http://www.health.gov.au))
- The Australian Resuscitation Council's recommendations and guidelines ([www.resus.org.au](http://www.resus.org.au))
- SafeWork Australia's advice ([www.safeworkaustralia.gov.au](http://www.safeworkaustralia.gov.au))
- ASQA's advice ([www.asqa.gov.au](http://www.asqa.gov.au)).

Specific concerns have also been raised about the transmission of the virus while performing ventilations on mannikins. The potential for transmission of the virus is significantly reduced if proper infection control procedures are followed, which involves excluding anyone who shows symptoms of the virus. The Assessment Requirements are clearly stated, and the performance of compressions and breaths must be demonstrated on a mannikin in order to make a determination of competency. It cannot be a demonstration of compressions only.

A reasonable adjustment may apply where a student states they will not put their mouth on the mannikin during breaths (even with a barrier device in place), in which case the student is required to demonstrate all aspects of giving breaths (i.e. head tilt and blowing to the side of the mannikin) while not actually blowing into the mouth of the mannikin. This reasonable adjustment is to only apply at this time of the COVID-19 pandemic and only if the student requests exemption (i.e. on an exception basis only).



## 4.0 References

- A Cleaner World (ACW) - <https://www.thinkacw.com.au/blog/news/does-glen-20-kill-covid-19-coronavirus/>
- Australian Government - Department of Education, Skills and Employment <https://training.gov.au/>
- Australian Government - Department of Health <https://www.health.gov.au/sites/default/files/documents/2020/03/coronavirus-covid-19-information-on-social-distancing.pdf>
- Australian Government - Department of Health <https://www.health.gov.au/sites/default/files/documents/2020/03/environmental-cleaning-and-disinfection-principles-for-covid-19.pdf>
- Australian Institute of Sport (AIS) - Framework for Rebooting Sport in a COVID-19 Environment
- Cleaning Melbourne - COVID-19 Response Services
- International Organisation for Standardisation. AS / NZS ISO:31000 (2018): Risk Management. ISO. Geneva, Switzerland.
- Life Saving Victoria - Club COVID Recovery resources <https://lsv.com.au/clubcovidrecovery/>
- Life Saving Victoria - Re-opening Guide for Aquatic Facilities <https://lsv.com.au/pool-safety-services/>
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