

Nipper & Parent/Carer Checklist

CREATING A COVIDSAFE ENVIRONMENT



Purpose

This checklist provides a quick reference guide for use by Nipper parents/carers before, during and after Nippers sessions, to ensure participant safety and all COVIDSafe protocols and procedures are adhered to.

1 Key messages

A grid of six icons, each in a dashed circle, representing key COVIDSafe messages. The icons are: 1. Two people with a double-headed arrow and '1.5m' between them. 2. A hand being cleaned by a surface. 3. Hands being washed with soap and water. 4. A person inside a house. 5. A smartphone displaying a QR code. 6. A sign with 'MAX' and three people icons.

Practice physical distancing

Maintain surface & equipment cleaning

Maintain personal hygiene

Stay home if unwell

Check in using the QR code (contact tracing register)

Adhere to maximum people per group limits

2 Nippers, parents/carers and spectators videos

[Click here](#) to access the PowerPoint video which relates to the information in this checklist. This can be shared with relevant personnel.

COVIDSafe for Saving Lives

NIPPERS | VERSION 2.0 | OCTOBER 2021



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WHO	BEFORE	DURING	AFTER
Nipper participant	<ul style="list-style-type: none"> Self-assess against the COVIDSafe Personal Health Checklist prior to attending each session Get ready at home and arrive ready to go for the session – ‘arrive, participate, leave’ Bring own equipment, e.g. water bottle, nipper cap, rash vest, towel, sunscreen and goggles Must always have a mask available for use if required (12 years+) Maintain personal hygiene Get excited! 	<ul style="list-style-type: none"> Complete contact tracing QR code upon arrival Maintain personal hygiene Arrive at allocated time and go straight to age group area to check in for session Stay within allocated group for the whole Nippers session Must always have a mask available for use if required (12 years+) Help with equipment cleaning Bring your own food, avoid sharing with other nippers Have fun! 	<ul style="list-style-type: none"> Check out with your age manager at the end of Nippers Must always have a mask available for use if required (12 years+) Depart quickly and avoid gathering with others Shower and change at home If you become unwell, get tested and report to your junior coordinator immediately
Parent/ carer	<ul style="list-style-type: none"> Talk to your child about the changes expected with Nippers this season Self-assess yourself and child against the COVIDSafe Personal Health Checklist prior to attending each session If you or your child are unwell, do not attend, and advise the junior coordinator Maintain personal hygiene Must always have a mask available for use if required Read and understand the session and safety information provided Only use ride sharing/carpooling if necessary (wear a mask) Ensure nippers in your care are supported to meet the guidelines above 	<ul style="list-style-type: none"> Complete contact tracing QR code upon arrival Maintain personal hygiene Wear a mask as per government guidelines Must always have a mask available for use if required Arrive at allocated time and go straight to age group area to check in for session Stay within allocated group for the whole Nippers session Bring your own food, avoid sharing with others Maintain physical distancing on the beach Encourage others to maintain safety requirements throughout the session 	<ul style="list-style-type: none"> Depart after Nippers and avoid gathering with others If you or your child become unwell, get tested and report to your junior coordinator immediately Wear a mask as per government guidelines Must always have a mask available for use if required