

Carnival Set Up Guide

BEACH FLAGS



Beach Flags Course Set Up

3 – 4 People are required to efficiently set up the Beach Flags Course

Equipment Required

2 x Shovels

4 x 2m Orange Poles

1 x Start Rope (green/black markings)

1 x Finish Rope (orange/red markings)

1 x Square Rope (triangular joined rope with metal rings) [3,4,5 builders squaring method]

1 x Measuring Tape

1 – 10 Lane Numbers

Beach Flags (min 20)

Method

Decide which direction to set up tracks

- Running up the beach away from the water (no 1 position on the left side)
- Running parallel to the water (no 1 position on the water side)
- Ensure competitors are diving into soft sand

Distances

15 metres – Juniors/Nippers/Masters

20 metres – Seniors

Competitors 1.5m apart as per Surf Sport Manual

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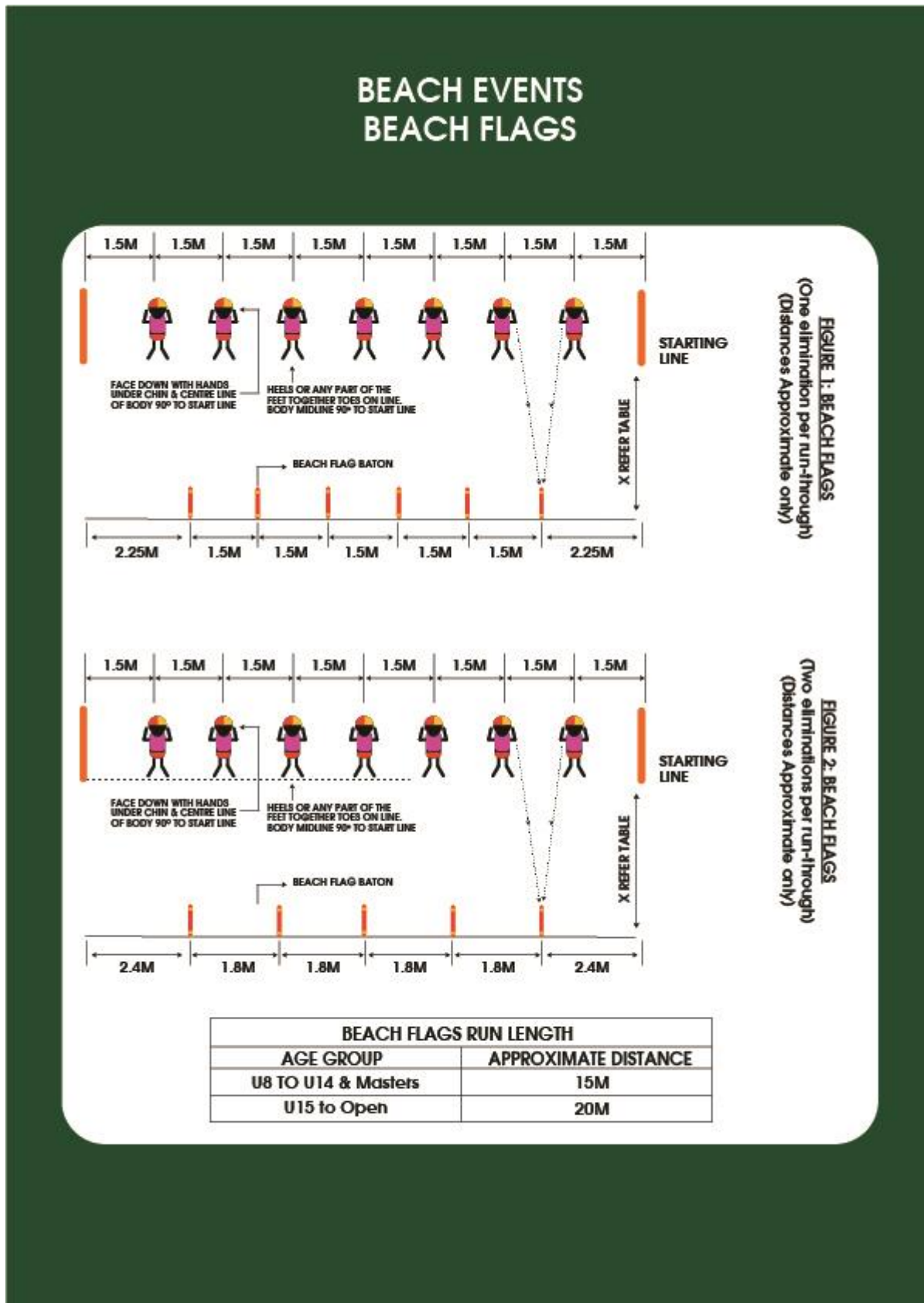
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Set Up

- 1) Set up finish line first. Insert 2 x orange poles and the finish rope to accommodate 10 competitors (9 flags spots) plus extra space approximately 1.5m. Tie finish rope straight between the two orange poles.
- 2) Using the squaring rope, place one metal ring pegged to the base of the left-hand pole, then take another ring and rope along the finish line and peg into position, making sure the finish rope is straight.
- 3) From the left-hand corner pole, run the square rope down toward the start line area, and when a taught triangle is formed by gently pulling on the rope, place a peg in that position making sure the rope has not come away from the finish line.
- 4) Then run a tape from the base of the left-hand pole finish pole down toward the start line and in line with the square peg in the sand. Measure the 15 or 20m along the line and place an orange pole in that position, the start line. Your track is now in a squared position.
- 5) Using the start rope, place it over the left finish line pole and run it out so as to have 10 placings plus approximately 1.5m extra to allow competitors turning. Then run a tape from the right-hand finish line pole down towards the start line. Where the start line and the 15 or 20m marks intersect, that is the position for the right-hand pole on the start line.
- 6) Once all poles are in position, measure approximately 2m away from the left-hand pole on the start line and lining up with the left-hand pole on the finish line, mark the sand and dig in the start line held in place with a plastic tube (not too deep). Run the start line across to the right-hand pole measuring approximately 2m away and bury the remaining line.
- 7) Instal the lane numbers 1-10 on the green/ black marks. Draw a "toe" line between the starting poles and you are now ready for competition.

Beach Flags Course Diagram (SSM Section 9 - Figure 33)



QTY	ITEM	PICTURE
2	Shovels	
4	2m Orange Poles	
1	Start Rope (green/black markings)	
1	Finish Rope (orange/red markings)	
1	Square Rope (triangular joined rope with metal rings) [3,4,5 builders squaring method]	
10	1-10 Lane Numbers	
1	Measuring Tap	
20 (min)	Flags	