



2019/20 Nutri-Grain Iron Series – Information Circular

Title: 2019/20 Nutri-Grain Iron Series – Information Circular
Document ID: Circular 03/19-20
Department: Sport
Audience: State/Territory Surf Sport Managers, Directors, Club Secretaries, Branches, State/Territory CEO's Sport Standing Committee.
Summary: This circular contains the relevant details for competitors into the 2019/20 Nutri-Grain Iron Series.

Introduction:

Welcome to the first of a series of updates from SLSA in the lead up to the Nutri-Grain IronMan and IronWoman Series.

We are pleased to introduce the new look Elite Series which will be wholly owned by SLSA and feature Ironman & Ironwoman racing as the best of the best and have a separate team-based series showcasing other elite athletes, all broadcast on Fox Sports.

The Nutri-Grain Iron Series will link into strong and successful surf carnivals to complement and support rather than compete against member club carnivals.

The new-look Iron Series will maintain the brand positioning of Australia's fittest athletes and take advantage of current trends in the fitness sports genre to re-capture the imagination of sports broadcasters, sports media and the general sporting public.

Nutri-Grain Iron Series Overview:

The 2019/20 Nutri-Grain Iron Series will see traditional Iron Racing held over 5 Rounds, including the Coolangatta Gold as the first round. Traditional racing formats and disciplines - ski, board and swim – will be conducted.

Round 2-5 will be held in NSW and QLD with round 5 to be conducted as the Final.

Entry to the Series will be an automatic qualification for the top 12 competitors from the 2018/19 Nutri-Grain Iron Series, 6 competitors through a qualification event to be held in September and 2 wildcard entries – that is, fields of 20 females and 20 males.

The Series point score will be decided over the best 4 results of each athlete.

Prize money and Series winners will be awarded at the conclusion of Round 5.

Dates & Locations:

ROUND	EVENT	DATE	LOCATION
Qualification Round	Iron Series Trial	7-8 September 2019	Coolum, QLD
Round 1	Coolangatta Gold	13 October 2019	Coolangatta, QLD
Round 2	Nutri-Grain IronMan and IronWoman Series	17 November 2019	Burleigh Heads, QLD
Round 3	Nutri-Grain IronMan and IronWoman Series	1 December 2019	Bulli, NSW
Round 4	Nutri-Grain IronMan and IronWoman Series	15 December 2019	Surfers Paradise, QLD
Round 5	Nutri-Grain IronMan and IronWoman Series	19 January 2020	North Cronulla, NSW
Interstate Championships	Interstate Championships	24 January 2020	Alexandra Headland, QLD
Demonstration Event	Iron-X	27 January 2020	Mooloolaba, QLD



SLSA would like to thank the local council and host clubs in their support to each above events.

Qualification Process:

The field for 2019/20 Nutri-Grain Iron Series will consist of the following:

- Top 12 from the 2018/19 Nutri-Grain Iron Series held during Ocean6 will be invited to compete.
- 6 spots from the 2019 Qualification Series.
- 2 Wildcards.

Invited athletes from the 2018/19 Nutri-Grain Iron Series:

The top 12 men and women from the 2018/19 Nutri-Grain Iron Series gain automatic qualification. If a qualified athlete does not accept a position, it is then rolled down to the next position, i.e. 13th position.

However, this process will be limited to the top 15 from the 2018/19 results. In the event the 12 qualifying spots are not filled from the top 15 - further spots will be added to the Qualifying Series to be held in September 2019.

Qualified Athletes:

SLSA is pleased to announce that the following athletes will receive an automatic qualification position into the 2019/20 Nutri-Grain Iron Series.

Male		
1	Ali DAY	SURFERS PARADISE
2	Kendrick LOUIS	MANLY
3	Matt POOLE	KURRAWA
4	Ben CARBERRY	CURRUMBIN BEACH
4	Cory TAYLOR	BMD NORTHCLIFFE
6	James LACY	MERMAID BEACH
7	Matt BEVILACQUA	KURRAWA
8	Jay FURNISS	MANLY
9	Jackson MAYNARD	CURRUMBIN BEACH
10	Shannon ECKSTEIN	BMD NORTHCLIFFE
11	Max BROOKS	NEWPORT
12	Tanyn LYNDON	KURRAWA

Female		
1	Georgia MILLER	BMD NORTHCLIFFE
2	Maddy DUNN	BMD NORTHCLIFFE
3	Lana ROGERS	NOOSA HEADS
4	Kirsty HIGGISON	BMD NORTHCLIFFE
5	Brielle COOPER	KURRAWA
6	Hannah SCULLEY	BMD NORTHCLIFFE
7	Jemma SMITH	UMINA
8	Lizzie WELBORN	NORTH BONDI
9	Danielle MCKENZIE	BMD NORTHCLIFFE
10	Courtney HANCOCK	BMD NORTHCLIFFE
11	Tiarrn RAYMOND	ALEXANDRA HEADLAND
12	Naomi SCOTT	MANLY

SLSA will be in contact with the above athletes shortly to confirm their acceptance into the 2019/20 Nutri-Grain Iron Series.

If a qualified athlete does not accept a position, it is then rolled down to the next position, i.e. 13th position. However, this process will be limited to the top 15 from the 2018/19 results.

This means the following athletes would be offered automatic qualification into the series if the above were to occur.



Male		
13	Mitch COOMBES	BMD NORTHCLIFFE
14	TJ HENDY	SURFERS PARADISE
15	Cory FLETCHER	CURRUMBIN BEACH

Female		
13	Electra OUTRAM	NOOSA HEADS
14	Karlee NURTHEN	CURRUMBIN BEACH
15	Emma DICK	MERMAID BEACH

Wildcard:

There will be two male and two female Wild Card positions available for the 2019/20 Nutri-Grain Iron Series to be awarded at the sole discretion of SLSA.

All applications for Wild Cards should highlight the following:

- Why you believe you should be granted a wild card?
- Previous results in the Nutri Grain Iron Series.
- Previous results at the Australian Surf Life Saving Championships and/or other major events.
- Why your inclusion in the Series may help promote the event?

Athletes who wish to apply for a Wild Card should email their application to: events@slsa.asn.au.

All applications must be received no later than 11.59pm (AEST) on Sunday 28 July 2019.

Successful Wild Card recipients will be announced on Thursday 1 August 2019.

Qualification Event:

SLSA will conduct a qualification event on the weekend of the 7th and 8th of September 2019. This event will be held at Coolum Beach on the Sunshine Coast, QLD.

The format of the qualification event will be as follows:

- The heats will consist of 3 Iron races over a combination of standard and M Shape Courses. Each of the 3 heats to be a different competitor random draw and discipline order.
- The proposed order of events for Day 1 of the Qualifying Event will be – all races to run consecutively:
 - Males -1st round of Heats
 - Females – 1st round of Heats
 - Males – 2nd round of Heats
 - Females – 2nd round of Heats
 - Males – 3rd round of Heats
 - Females – 3rd round of Heats
- A point score will be taken over the 3 heats with the top 20 going through to the finals the following day. In the event there is a tie for 20th spot – the athlete with the highest finishing place in the heats will be awarded the 20th position. If 2 or more athletes continue to be tied under this process, it will roll down to their next highest finishing place and so on.
- The finals will consist of another 3 Iron races (different discipline orders) over a combination of standard and M Shape Courses.
- A new and separate point score will be kept for the 3 finals with the top 6 places to be awarded a position in the 2019/20 Nutri-Grain Iron Series. In the event there is a tie for 6th position, the athlete with the highest finishing place in one of the finals will be awarded the 6th position. If two or more athletes continue to be tied under this process, it will roll down to their next highest finishing place in the finals and so on. No results from the heats will be taken into account for this process.
- The proposed order of events for finals of the Qualifying Event will be – all races to run consecutively:
 - Males -1st Final
 - Females – 1st Final



- Males – 2nd Final
- Females – 2nd Final
- Males – 3rd Final
- Females – 3rd Final
- Courses, discipline order and field sizes may be amended if surf and weather conditions dictate.

Event Eligibility

To be eligible to compete at the Qualification Event, competitors must comply with Policy 5.04 – Competition Eligibility and the SLSA Guidelines for Competition Eligibility document (both available online at [Member's Area](#) > Document Library > Governance/Policies > Policy 5.04)

Entry Process

Entry into the qualification event can be done via the SLSA Website <https://sls.com.au/iron-series-qualification-event-entry-form/>. Entries will open Monday 8 July 2019 and close Monday 2 September 2019.

Entry Fee

Entry fee into the qualification event will be \$50.00 payment can be made with a credit card at the end of the entry process.

Refund of Fees/Cancellation Fees

Once an invoice has been generated, entry fees are non-refundable.

International Competitors

Conditions of entry for international competitors:

1. SLSA reserves the right to invite and/or accept entries from international competitors to compete in Nutri-Grain Iron Series Qualification Event.
2. International individual competitors may compete in their club caps or, with the permission of their country, compete in their national colours.
3. All international competitors must gain international clearance from their governing body and must be submitted to SLSA prior to competition to compete at the Nutri-Grain Iron Series Qualification Event.

Prize Money:

The 2019/20 Nutri-Grain Iron Series will have the following prize money on offer for round and series winners/place getters.

SLSA is pleased to announce that \$200,000 in prize money will be on offer for the 2019/20 Nutri-Grain Iron Series.

Series/Round	Placing	%	Amount
Overall Series	1st	25.00%	\$25,000.00
	2nd	15.00%	\$15,000.00
	3rd	10.00%	\$10,000.00
	4th	8.00%	\$8,000.00
	5th	7.00%	\$7,000.00
	6th	5.00%	\$5,000.00
	7th	4.50%	\$4,500.00
	8th	3.50%	\$3,500.00
	9th	2.50%	\$2,500.00
	10th	1.50%	\$1,500.00
Rd 1	1st	Coolangatta Gold Prize Money	
	2nd		
	3rd		
Rd 2	1st	2.50%	\$2,500.00
	2nd	1.50%	\$1,500.00



	3rd	0.50%	\$500.00
Rd 3	1st	2.50%	\$2,500.00
	2nd	1.50%	\$1,500.00
	3rd	0.50%	\$500.00
Rd 4	1st	2.50%	\$2,500.00
	2nd	1.50%	\$1,500.00
	3rd	0.50%	\$500.00
Rd 5	1st	2.50%	\$2,500.00
	2nd	1.50%	\$1,500.00
	3rd	0.50%	\$500.00
TOTALS		100%	\$100,000

Point Score:

The 2019/20 Nutri-Grain Iron Series will be conducted with the following point score system to ensure Individual round winners are recognised and rewarded. It will also provide overall leader board where consistency is recognised and rewarded.

All Rounds 1 to 5 will be a simple 20 to 1 point score however if an athlete fails to finish, or is disqualified, in a round they will receive NIL points for that round.

The overall series point score will be decided over the best 4 results of each athlete – thus allowing each athlete to drop one round.

1ST = 20 points	6TH = 15 points	11TH = 10 points	16th = 5 points
2ND = 19 points	7TH = 14 points	12TH = 9 points	17th = 4 points
3RD = 18 points	8TH = 13 points	13TH = 8 points	18th = 3 points
4TH = 17 points	9TH = 12 points	14TH = 7 points	19th = 2 points
5TH = 16 points	10TH = 11 points	15TH = 6 points	20th = 1 point

Athlete communication:

In the lead up to the Nutri-Grain Iron Series we will be looking to send out a regular update – just like this one – to keep you up-to-date on the latest news and any other information.

Over the course of the Series, the primary form of communication will be via email and direct on the Nutri-Grain Iron Series website www.ironseries.com.au so that we can ensure that everyone is getting information quickly and easily.

Athlete Advisory Committee:

SLSA has formed an Athlete Advisory Committee. This Committee is a representative group made up of senior male and female competitors who will act on behalf of the broader athlete group with SLSA.

Surf Sports Manual

Please ensure you are up to date with the revised 35th edition (revised) of the Surf Sports Manual. The Surf Sports Manual can be found online here <https://www.manula.com/manuals/surf-life-saving-australi/surf-sports/1/en/topic/introduction>

Athlete Costs Associated with the Series:

All athletes will be responsible for their own travel and accommodation arrangements and costs for the Nutri-Grain Iron Series, the Nutri-Grain Iron X Event and the Qualifying Event. Athletes will also be responsible for the transport and storage of their craft for all rounds.

An entry fee only applies to the qualification event. No entry fee will be charged for any of the 5 rounds of the Iron Series or the Iron-X demonstration event.

Nurti-Grain Iron X Event:



SLSA is excited to announce that the Nutri-Grain Iron X event will be conducted after the conclusion of the Nutri-Grain Iron Series at Mooloolaba, QLD on Monday 27 January 2020.

This event is a made for TV sports entertainment piece that will involve a range of activities based around the disciplines of an iron racing event, but also include elements of obstacle course racing, stand up paddle boarding and other activities.

Entry to the demonstration event will be selected by expression of interest and then invitation only.

A prize pool will be allocated to this event.

Super Surf Teams League

A Teams League Competition will be also be conducted as a prelude to a select number of Nutri-Grain Iron Series rounds (ie Rounds 3 to 5 of the Series) and has strong support from each of the SLS State Associations. SLSA will be working to release the final details for both the Super Surf Team League and Iron X demonstration event in the coming months.

Interstate Championships

The 2020 Interstate Championships will be held at Alexandra Headland SLSC on the Sunshine Coast on Friday 24 January.

SLSA is excited to return to Alexandra Headland to conduct the Interstate Championships where we will see the best of the best battle it out in IronMan and IronWoman racing, board races, ski races, taplin relays, rescue events, beach flags and beach sprints, all to help their State and team to compete to the best of their ability. Interstates is about State pride, team spirit and most of all, having a lot of fun.

The positioning, date and location of the Interstate Championships has been made to align with a key SLSA objective with the Elite Series for 2019/20 *(link into strong and successful surf carnivals to complement and support rather than compete against member club carnivals)*.

The Interstate Championships will be conducted the day before the Murphy Homes Carnival at Maroochydore SLSC. This has been done deliberately to allow the interstate athletes the opportunity to compete in further high level surf sport during their time on the Sunshine Coast and in turn making the Interstate Championships more attractive and worthwhile for athletes and their States.

Supporting Carnivals:

It is proposed to conduct all the rounds of the Elite Iron Series, the Iron X event and the SSTL in support and alongside local carnivals. SLSA is actively working with a range of bodies and clubs to ensure a local carnival is held on the same weekend at, or very nearby, the locations of each of the rounds.

EVENT	DATE	LOCATION
<i>Confirmed Carnivals to date:</i>		
Sydney Water Carnival	30 November	Bulli
Murphy Homes Carnival	26 & 27 January	Maroochydore

Further information to follow as more carnivals are confirmed.

Further Information

Should further information be required please contact the events team at:

events@slsa.asn.au

Surf Life Saving Australia

PO Box 7773

Bondi Beach NSW 2026

Phone: (02) 9215 8000

Fax: (02) 9215 8180