

Circular 042:08:19



To: Club Presidents
Club Secretaries
Club Captains

Cc: M&LD Executive

From: Membership & Leadership Development Department

Date: 7 August 2019

Subject: **2019 U18 Leadership Development Camp - Applications Open**

Action: Please complete an application form by Sunday, 29 September 2019

For additional details on this Circular please contact:
M&LD Department on 03 9676 6945 or email membershipandleadership@lsv.com.au
Circulars are available at www.lsv.com.au/circulars

Life Saving Victoria (LSV) is pleased to announce that applications are open for the **2019 - U18 Leadership Development Camp**.

This Camp is an opportunity for youth members to develop and enhance their leadership and lifesaving skills, to support their progress through their lifesaving journey.

The participants will be mentored by some of LSV's finest volunteer leaders, participants will have the opportunity to learn, share and network with likeminded lifesavers from across the state over a 3-day live in camp.

With an exciting revamped program for 2019, participants will have the chance to learn about their leadership styles and building effective teams through fun practical activities. They will also have the opportunity to develop lifesaving, mentoring and coaching skills to utilise back to their club, through on beach scenario-based training.

The Camp will take place on the following dates:

Friday 22 November to Sunday 24 November 2019

Angahook Holiday Camp, Aireys Inlet

Clubs are encouraged to promote and nominate suitable members to apply for the Camp.

U18 Development Camp Objectives

- Understanding the characteristics of effective teams, the stages of team development and meeting team member needs
- Build knowledge of different personality styles and understanding how to best lead a team to suit the different styles
- Develop participants communication, mentoring and coaching skills
- Providing the opportunity to develop lifesaving skills through practical training



Applicant Pre-requisites

Applicants should be:

- 16 or 17 years of age at the time of the Camp
- In good standing with their club
- Considered to be a future leader in lifesaving

Application process

Clubs are requested to follow the application process outlined below:

- We encourage interested participants to speak to their club about applying
- Applications must include a Club Endorsement. The Club Endorsement should be submitted with the online application or emailed to membershipandleadership@lsv.com.au by Sunday, 29 September, 2019.
- Clubs can provide interested candidates with the following link to apply - <https://lifesavingvictoria.wufoo.com/forms/z1n71a0l19yevyy/>

Applications Close Sunday, 29 September 2019

Selection process

- LSV will assess the quality of each online application. Clubs are guaranteed at least one position each.
- Successful applicants will be notified on the outcome of their application via email by Friday 11, October 2019.

Camp fees

\$405.00 per participant (inc. GST)

LSV will invoice clubs for the cost of the camp. It is up to each club and their participant to agree on how much each party will contribute.

Please note: If successful applications withdraw with 2 weeks notice prior to the camp taking place, they will incur 50% of the total cost; if the application is withdrawn with less than 2 weeks notice 100% of the cost will be incurred.

Please be aware that a minimum of 35 participants are required for this camp to be run.

2019 U18 Leadership Development Camp program timetable can be found on the following page.



2019 U18 LEADERSHIP DEVELOPMENT CAMP PROGRAM

Friday 22 November

- Bus transport departs LSV (Port Melbourne) at 4:30pm or meet at camp at 6:30pm

Sunday 24 November

- Bus transport to arrive back at LSV (Port Melbourne) at 4:30pm or pick up from camp from 2:45pm.

| Friday Evening | |
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| Personality & Leadership Styles | Participants will be provided with an understanding of how and why they and others behave the way they do. They will gain a better understanding of themselves and practical strategies they can use to work with and lead others. |
| Saturday | |
| Team Building and Team Work | Through activities participants will learn fun and engaging ways to build a team and how working in a functional team can improve outcomes. |
| Build a Life Saving Club | Participants will gain awareness of the roles and responsibilities of running a Life Saving Club. |
| Mental Health | A Mental Health session delivered by Lance Picioane from Love me Love You . The session will raise awareness of mental illness and empower participants to take action. |
| QCPR | Participants will track, measure and improve their CPR technique through live feedback. Click here for short video of what to expect. |
| Build a Life Saving Club Cont. Inc. Lifesaving Panel | Expert feedback from lifesaving leaders will be provided to participants on how they run their Life Saving Clubs. Participants will gain further insight into taking on leadership roles within their clubs. |
| Sunday | |
| “On patrol” scenario-based training | Participants will head to the beach and go through scenario based practical training exercises. They will have the opportunity to develop and refine their lifesaving, communication and teaching skills. |

