

# Circular 196:05:16



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**To:** Club Presidents  
Club Captains  
Chief Instructors  
Club Secretaries  
Junior Coordinators  
All Members

**Cc:** M&LD Council

**From:** Shelley Snow – Coordinator, Membership and Leadership Development

**Date:** 4 May 2016

**Subject:** **FLN Regional Think Tank – Change of venue**

**Action:** Book tickets by Monday, 16 May 2016

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For additional details on this Circular please contact:  
M&LD Department on 03 9676 6931 or email [shelley.snow@lsv.com.au](mailto:shelley.snow@lsv.com.au)  
**Circulars are available at** [www.lsv.com.au/circulars](http://www.lsv.com.au/circulars)

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Due to scheduling issues, the Regional Think Tank has been relocated to Lorne SLSC.

The Female Leadership Network is delighted to announce its second regional “Think Tank”. The 2016 FLN Regional Think Tank will be held in the Surf Coast Region and is supported by the Centre for Workplace Leadership. The Female Leaders Program “Think Tank” is open to all females and males 18+ within the lifesaving movement from all roles and facets that have a genuine interest in networking, personal growth and professional development.

The Regional Think Tank is an opportunity to bring the Female Leadership Network to regional areas, explore and build sustainable local networks and provide regional members an opportunity for personal and professional development.

**Friday 20 & Saturday 21 May, 2016**  
**Lorne SLSC**  
**Mountjoy Parade, Lorne**

## **Regional Think Tank Program;**

**Friday, 20 May – “Community Resilience’s and Female Leadership”**  
**5.30pm – 9pm** - Light Refreshments will be provided

### **Keynote Speaker: Kate Riddell, Cofounder Firefoxes**

Friday evening’s session is open to females and males local business people, councils & government, sporting organisations, emergency service workers and volunteers and community members. It’s an opportunity for local community to network, share ideas and hear from an inspiring key note speaker. The Centre for Workplace Learning will provide information session, with resources and development opportunities.

### **Key Themes;**

- Creating a new normal
- Creating a resilient community
- Overcoming a crisis situation
- Overcoming with adversity



## **Saturday 21st May – “Confident Communication for Leader”**

**9:30am – 4pm** Morning tea, lunch and afternoon tea will be provided

**Presenter: Carol Fox**

Saturday’s session is open to female members 18 years+. The session is a workshop format and provides participants with key information, tools and resources to develop, strengthen and understand others communication styles.

Key Workshop Themes;

- Understanding the unique differences in people’s behaviour; distinguishing what to be responsible for and what to discard – and *how* to do this
- Easily identifying an individual’s communication preferences and the characteristics of their preference to effectively communicate with and influence others
- Adapting your own communication style to influence people into action whilst maintaining easy rapport
- Understanding the power of words and body language when engaging people
- Awareness of limiting situations we may find ourselves in and how to change them to be more empowered

### **Costs:**

Friday-	Members;	\$20pp
	Non Members;	\$25pp
Saturday-		\$20pp
Friday & Saturday-		\$35pp

*Please note: Attendees can chose which session they would like to book into - Friday, Saturday or both*

### **Registrations:**

Registrations for this unique development opportunity can be made via the following link:

<https://www.trybooking.com/LDGV>

Registrations close Monday 16 May, 2016.

Please [click here](#) for FLN Regional Think Tank promotional flyer.

## About the Female Leadership Network

The FLN is an initiative that the organisation deems as extremely important for the future development of our female members. This is another step forward for the lifesaving movement in ensuring that females have the skills, confidence and support to fulfil their future lifesaving and professional ambitions. Moreover have the opportunity to share experiences, inspire and be inspired.

### The objectives of the Females Leaders Think Tank are:

- to enhance the development of our female leaders and our future leaders
- create an environment that encourages socialisation and positive relationships between female participants
- encourage further involvement and opportunities for females in the lifesaving movement
- develop leadership skills through a variety of activities and keynote speakers
- provide the opportunity to develop new networks within lifesaving
- provide the opportunity to develop broader professional networks that extend beyond lifesaving and into professional industries and everyday life
- partner with other areas of lifesaving to encourage collaboration across all areas of the movement
- provide mentoring opportunities to female leaders within lifesaving

### Keynote Speaker: Kate Riddell

**Educator, Author, Co-Founder**

**Firefoxes Australia:** <http://www.youtube.com/watch?v=oxMMfgFpJE>

Kate is passionate about her kids, food, the outdoors, travel and living! Kate started her working life as an outdoor educator, then a lighthouse keeper. She has sat on several boards, run Parks Victoria's education program and moonlighted as a classroom teacher.

In 2009, Kate co-founded Firefoxes Australia. This community driven and action oriented organisation runs retreats, social gatherings and special events to improve mental health and well being, build capacity, create positive networks, reduce isolation and increase morale in disaster affected communities. Firefoxes also supports other communities to build resilience, collaborates with agencies/service providers and contributes to research. This 'best practice' model won the 2013 Resilient Australia Awards, Victorian Community Group of the Year, Victorian Fire Awareness Awards, 2011 Pride of Australia Medal and more importantly, changed the lives of thousands of individuals.

Kate runs her own consultancy business that responds to the needs of communities, NFP's, businesses, Governments and Agencies in the areas of resilience building, leadership, cultural change, emergency management systems and community engagement.

Kate has spent the past ten years volunteering in the emergency services. Her team was bestowed with the Minister for Health Volunteer Award following Black Saturday. She is a passionate Mental Health advocate, which lead her to deliver a 5 year, state-wide Mental Health First Aid training program to Community Emergency Response Teams. For this she was awarded an Emergency Services Foundation Scholarship and an Ambulance Victoria Leadership Excellence Award

### Presenter: Carol Fox Principal

**Principal Trainer/ Executive Coach/ Author/ Speaker**

For over 2 decades Carol has worked as a coach, speaker and trainer in the Professional Development Industry with Sports, Government and Corporate Clients. Carol also works extensively throughout Victoria with the Country Fire Authority (CFA) teaching leadership programs.

Carol is the President of Australian Womensport and Recreation Association (AWRA) advocating for women playing and leading in sport.

Her Master's Thesis: "Women's Perceived Barriers To Elite Coaching Positions In Australian Sport" was used by the Australian Sports Commission when determining policies for women in sport.

Carol was Victoria's first female Professional Surf Lifesaving Lifeguard and is currently a member at Lorne SLSC. Author of the celebrated book 'Be a Confident Communicator' Carol facilitates her widely recognised workshop across Australia and Internationally.

Her website: <http://www.carolfoxconfidentwomen.com/>