



First Aid for Kids @ Home

Activity workbook



PATIENT ASSESSMENT

Complete the first 3 letters of the acronym DRSABCD and provide a short explanation for each step:

D _____

.....
.....

R _____

.....
.....

S _____

.....
.....

What is the 3-digit number you dial to 'send for help'?

List three types of emergency services that may assist you in an emergency:

1)

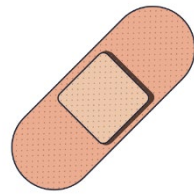
2)

3)



BLEEDING

Your friend has a small cut on their knee. Circle the items that you could use to help them stop the bleeding?



Circle the items that you would use to stop bleeding

- a) Band-aids
- b) A bandage
- c) Tweezers
- d) Towel

If bleeding is severe or does not stop what should you do?

- a) Keep on playing and forget about it!
- b) Call emergency services 000 and apply more pressure
- c) Go to bed and have a nap



BURNS

Circle the things that could burn you:



Circle all the different burns below:

- a) Scalding from hot, boiling liquids
- b) Electrical
- c) Fires, flames
- d) Chemical
- e) Sunburn
- f) All of the above



If your clothes catch fire, what are the first three steps you do? Fill in to complete each word:

S _ _ _

D _ _ _

C _ _ _

R _ _ _

BREAKS

Circle the activities below that could lead to a broken bone if you had a fall.



What should you do if a person has a suspected break?



Ouch!

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.....

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