



# SURF LIFE SAVING AUSTRALIA FIRST AID COMPETITION

CARNIVAL:	
VENUE:	
AGE CATEGORY:	To be used for U17, U19 or Opens
CLUB/TEAM NAME:	
ADJUDICATOR:	

SCORING VALUES FOR MARKING SHEETS			
0 = Failed to act / Incorrect action	1 – 2 = Partial Treatment	3 – 4 = Competent Treatment	5 – 6 = Excellent Treatment

**Patient No.4 Injuries: Closed Fractures, left and right lower legs/Fractured Ribs, right side (stopwatch required)**

SCORING FOR PRIMARY SURVEY - SURF SPORTS MANUAL (35th Ed) 3.6.7(c)(i)	
<b>ONLY MARK</b>	0 = Failed to check or act in the primary/initial survey    1-2 = Checked or acted in the primary/initial survey

Patient No.4 Injuries- Closed Fractures, left and right lower legs/Fractured Ribs, right side	Initial Assessment Primary Survey	Judge A	Judge B	Judge C	Score Wx1
Universal Infection Control	Minimum-gloves and changing with Patients				
Approach to the Patient	Identify self as First Aider				
<i>Response</i>	Yes > Conscious				
<i>Airway</i>	Clear				
<i>Breathing</i>	Present				
<i>Circulation</i>	Present				
Obtain consent	Requested				
Obtain Initial History of incident	Hit by dirt bike				
Life Threatening Injury/Condition	As you find it				
<b>Subtotal</b>					

**\*NB.** Treatments shown are past “examples only”

### Treatment – 3.6.7(c)(iii)

All treatments will reflect the current SLSA First Aid Training Manual.

Where DRSABCD is listed as the first line of “MANAGEMENT” of a treatment, in the current text, it will **NOT** be included in the treatment section, as these steps are already currently reflected in applicable areas of the marking guide.

**\*Please note:** Where a patient’s condition changes (ie. collapse of a conscious patient), DRSABCD **will be** included appropriately in the Treatment section.

**NB. Refer P31, re need to administer Oxygen Therapy**

Patient No.4 Injuries-Closed fracture left and right legs/Fractured Ribs, right side	Treatment - 3.6.7(c)(iii)	Judge A	Judge B	Judge C	Score Wx3
<p><i>Patient has been hit by dirt bike and has agonising pain in both lower legs. They are also finding it difficult to breathe! They are quite distressed as they are in training for a NATIONAL SWIM MEET COMING UP</i></p> <p><b>**AS FIRST AIDER STARTS TO TREAT THEY WILL SAY:</b></p> <p><b><i>“I cannot afford any injury or illness as I have a national swim meet coming up. You are not going to give me any germs also, are you!</i></b></p> <p><b>**Patient will “WANT TO REMAIN SITTING UP” after injuries are treated (prior to collapse)</b></p> <p><b><u>***Patient will collapse “ON THEIR BACK”, into an unconscious breathing state at 8 minutes.</u></b></p> <p><b><u>They will remain like this till scenario end</u></b></p>	Put clean gloves on to treat patient				
	Check for warmth or pulse to both feet				
	Immobilise the legs				
	Pad bony prominences				
	Reassess circulation below injury on both legs				
	Enquire if bandages were comfortable <b>*(YES THEY ARE)</b>				
	Bind upper right arm to injured ribs				
	Place right arm into collar and cuff sling				
	Enquire if patient is having any breathing difficulty				
	When patient collapses onto back, place on to side <b>carefully</b> <b>-“INJURED RIBS DOWN”</b>				
	*-Call <b>OR</b> send for oxygen (see below)				
	Constantly reassure and monitor condition				
<b>Subtotal</b>					

**\*NB:** If the first-aider “calls for” oxygen they are to be given a **1 in the score box.**  
If they “send” a bystander to get the oxygen they are to be scored a **3 in the score box.**

Patient No.4 Injuries Closed Fractures-left and right lower legs/Fractured Ribs, right side	Patient Assessment –Body Check 3.6.7(c)(ii)	Judge A	Judge B	Judge C	Score Wx1
<p><b>Patient Assessment or Body Check.</b> It is crucial that consent be obtained prior to conducting a secondary assessment on a victim. Be mindful and respectful of the culture, age and sex of the victim. Explain to the victim what you are doing and why. Listen to what the victim is saying to you as you use both hands to feel for deformities and swelling. Note any tenderness indicated by the victim.</p> <p>The order of Body checks for U15 Teams will be conducted as per the current SLSA PS&amp;AR Manual along with any up-dates. The order of Body checks for U17 to Open Teams will be conducted as per the current SLSA First Aid manual along with any up-dates. The Body check list below is to be amended to suit the age group of the team competing.</p> <p><b>*Check for swelling, bruising, bleeding and deformities to any region, plus any of the following listed below:</b></p>					
<p><b>1. HEAD</b> Fluid coming from the ears.</p> <p><b>FACE</b> Ask victim to check for missing or broken teeth. Check the pupils for responsiveness and equality.</p> <p><b>NECK/SHOULDERS</b> Medic Alert medallion, tenderness, tingling or pain.</p>	<p>Pale Facial grimace</p>				
<p><b>2. CHEST</b> Even expansion of both sides while breathing; gently ‘spring’ the lower ribs for tenderness or pain.</p>	<p>Slight bruising right side Ribs</p>				
<p><b>3. ABDOMEN/PELVIS</b> Tenderness, rigidity or pain, incontinence.</p>	<p>Nil</p>				
<p><b>4. LEGS/FEET</b> Ask victim to wiggle toes. Check pulse at extremities.</p> <p><b>ARMS</b> Medic Alert medallion, equal strength in both hands, pulse at extremities.</p>	<p>Bruising to both lower legs</p>				
<p><b>5. BACK AND SPINE</b> Any deformity or tenderness. Visually inspect the spine after log rolling the victim (with assistance) <b>Use a least two assistants if possible.</b> <b>Ref: p89</b></p>	<p>Nil</p>				
<b>Subtotal</b>					

<b>Patient No.4 Injuries –Closed Fractures left and right lower legs/Fractured Ribs, right side</b>	<b>Secondary Assessment - SAMPLE Previous Medical History - 3.6.7(c)(ii)</b>	<b>Judge A</b>	<b>Judge B</b>	<b>Judge C</b>	<b>Score Wx1</b>
Signs and Symptoms	As per injury				
Allergies	Allergy to Wheat				
Medications	Nil				
Previous Medical History	Gluten free diet				
Last Meal	This morning				
Events Preceding	Hit by dirt bike				
<b>Subtotal</b>					

<b>Patient No.4 Injuries</b>	<b>Checks and Vital signs 1st Check/Set - 3.6.7(c)(ii)</b>	<b>Judge A</b>	<b>Judge B</b>	<b>Judge C</b>	<b>Score Wx1</b>
Pulse / Circulation rate	Pulse - 96				
Breathing/ Respiratory rate	Breathing - 20				
Skin colour	Pale				
Skin Temperature	Cool and clammy				
Consciousness State	Conscious				
<b>Subtotal</b>					

<b>Patient No.4 Injuries</b>	<b>Checks and Vital signs 2nd Check/Set - 3.6.7(c)(ii)</b>	<b>Judge A</b>	<b>Judge B</b>	<b>Judge C</b>	<b>Score Wx1</b>
Pulse / Circulation rate	Pulse - 96				
Breathing/ Respiratory rate	Breathing - 20				
Skin colour	Pale				
Skin Temperature	Cool and clammy				
Consciousness State	Conscious				
<b>Subtotal</b>					

<b>Patient No.4 Injuries</b>	<b>Patient Management</b>	<b>Judge A</b>	<b>Judge B</b>	<b>Judge C</b>	<b>Score Wx1</b>
Confidence in managing Patient <b>3.6.7(c)(v)</b>	First Aider's confidence				
Glove removal and waste disposal <b>3.6.7.(c)(v)</b>	Correct procedures followed				
Documentation - <b>3.6.7(c)(iv)</b>	Legible, clear and concise				
Judge's discretionary comments:					
<b>Subtotal</b>					

<b>Patient No. 4 TOTAL</b>					
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