



## **JUNIOR EVALUATIONS AND SURF EDUCATION REQUIREMENTS 2019/20**

### **Overview**

Life Saving Victoria (LSV) is committed to ensuring all junior programs and activities are run at the highest standard, with the safety of our junior members paramount at all times.

Many activities conducted for our children as part of a junior activities program are conducted in the open water. To ensure that all children have a suitable swimming ability to allow them to participate in these activities, LSV in conjunction with SLSA have developed the Junior Evaluation and Surf Education Requirements for each age group.

### **Aquatic Activity Risk Assessment Requirement**

Before the commencement of any water based lifesaving training a documented risk assessment **must** be carried out on the selected area. This can be completed by the Aquatic Activity Risk Assessment and Management Form or SLS water safety risk mobile app.

Please email [lifesavingoperations@lsv.com.au](mailto:lifesavingoperations@lsv.com.au) with your name, email and phone type (ie. IOS, Android) to gain access to the Risk Assessment App.

Alternatively, the Aquatic Activity Risk Assessment and Management paper form can be found [here](#).

Further information on risk assessments can be found in [SOP 6.02 – Risk Assessment and Management](#)

### **Water Safety Requirements for Junior Activity Programs**

Water safety must be provided for all junior programs, events and activities being conducted in the water. For all water safety requirements, please refer to the SLSA [Water Safety Policy 1.1](#), [the SLSA Water Safety Procedure 1.1](#) as well as [LSV SOP 8.3](#).

### **High Visibility Lycra Tops**

The use of high visibility lycra tops is **mandatory** for all open water-based junior programs and activities conducted by clubs. This includes swims, board paddling and wading. The style of lycra tops to be used for junior programs and activities can be determined by the club, e.g. short sleeve or long sleeve. The lycra tops must meet the colour guidelines set out by SLSA which are fluoro pink, fluoro yellow and fluoro green. We recommend that fluoro orange is not used as this is the colour worn by water safety officers.

- Fluorescent Pink (PMS #16-2130 TN 'Knockout Pink')
- Fluorescent Yellow (PMS #13-0630 TN 'Safety Yellow')
- Fluorescent Green (PMS#13-0340 TN 'Green Gecko')
- Fluorescent Orange (PMS# 15-1360-TN 'Shocking orange')
- Fluorescent Red (PMS#485C)

The exact fluorescent colour will vary depending on the material used (e.g. nylon, Lycra/spandex, polyester). As a guide only, the above PMS (Pantone Matching System) codes should be provided to your vest/cap manufacturer.

High visibility vests are **mandatory** for competition. Fluoro orange must only be worn by water safety officers.



## JUNIOR EVALUATIONS AND AWARD REQUIREMENTS 2019/20

Age Group	Preliminary Assessment (Pool or open water)	Competition Skills Evaluation (Surf/open water)	Surf Education Award
Under 6	From a standing position in waist deep water perform a front glide and recover to a secure position. Perform a back float for 15 seconds whilst holding a buoyant aid and recover to a secure position.	Not required (no competition for this age group)	Surf Play One
Under 7	From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position. Perform a back float for 30 seconds and recover to a secure position.	Not required (no competition for this age group)	Surf Play Two
Under 8	25 metre swim (any stroke) 1 minute survival float (on back)	Not required (no water competition, except for wade which takes place in waist)	Surf Aware One
Under 9	25 metre swim (any stroke) 1 minute survival float (on back)	150m open water swim within 12 minutes (continuous freestyle)	Surf Aware Two
Under 10	25 metre swim (freestyle/front crawl) 1 1/2 minutes survival float (on back)	150m open water swim within 11 minutes (continuous freestyle)	Surf Safe One
Under 11	50 metre swim (freestyle/front crawl) 2 minutes survival float (on back)	288m open water swim within 12 minutes (continuous freestyle)	Surf Safe Two
Under 12	100 metre swim (freestyle/front crawl) 2 minutes survival float (on back)	288m open water swim within 10 minutes (continuous freestyle)	Surf Smart One
Under 13	150 metre swim (freestyle/front crawl) 3 minutes survival float (on back)	288m open water swim within 9 minutes (continuous freestyle)	Surf Smart Two
Under 14	200 metre swim (freestyle/front crawl within 5 minutes) 3 minutes survival float (on back)	288m open water swim within 9 minutes (continuous freestyle)	Surf Rescue Certificate
Assessors	<p><b>Prelim Assessments / Comp Skills Evaluations:</b> Foundation Coach, Performance Coach, Development Coach, Core Official, Technical Official, Senior Official, Performance Official, Training Officer (SRC/Bronze), Assessor (SRC/Bronze), Age Manager Presenter</p> <p><b>Prelim Assessments Only:</b> AUSTSWIM or equivalent Teacher of Swimming &amp; Water Safety (ie Swim Teacher)</p> <p>If a club doesn't have access to any of the above personnel for assessing, please contact M&amp;LD to discuss your options.</p>		



## JUNIOR EVALUATIONS AND AWARD PROCESSING 2019/20

Junior award processing can be completed via the Nipper Admin App. or via Surfguard by completing a Form 14. We encourage you to use the Nipper Admin App., which aims to assist to elevate some of the administration burden of your clubs Nipper Program.

The Nipper Admin App can be accessed through the following website: <https://nipperapp.sls.com.au/>, this can only be accessed by Junior Coordinators, Age Managers and selected members that are recorded in Surfguard. Please note the Junior Coordinator must set up user permissions and sessions before Age Managers and selected members can access app. functionality.

The username and password are the same as your Members Area accounts (members.sls.com.au).

Click here to access a copy of the [Nipper Admin App User Guide](#) and [FAQ's](#).

If you require any assistance and or training with the Nipper Admin App, or processing of Junior Awards, please don't hesitate to contact the Membership and Leadership Development Department on 03 9676 6945 or [membershipandleadership@lsv.com.au](mailto:membershipandleadership@lsv.com.au)

The awards that are to be processed are:

- Junior Preliminary Assessment – prior to commencement of nippers program
- Junior Competition Assessment – required for participation in junior carnivals
- Surf Education Awards – upon the completion of the Nipper Education Program

## AGE REQUIREMENTS – 2019/20

Age Group	Date Ranges	Surf Education Award
U6	1/10/2013 – 30/09/2014	Surf Play One
U7	1/10/2012 – 30/09/2013	Surf Play Two
U8	1/10/2011 – 30/09/2012	Surf Aware One
U9	1/10/2010 – 30/09/2011	Surf Aware Two
U10	1/10/2009 – 30/09/2010	Surf Safe One
U11	1/10/2008 – 30/09/2009	Surf Safe Two
U12	1/10/2007 – 30/09/2008	Surf Smart One
U13	1/10/2006 – 30/09/2007	Surf Smart Two
U14	1/10/2005 – 30/09/2006	SRC



## **JUNIOR PRELIMINARY ASSESSMENT**

Every junior member is required to be registered on Surfguard, and must complete the Preliminary Assessment.

All Preliminary Assessments must be conducted **before participating in any water based activities at your club.** These assessments can be completed either in a swimming pool or in open water. In open water, the swim course must be completed close to shore (no deeper than the participants chest) and under the supervision of the correct number of water safety personnel (1:5). For all new Nippers it is recommended that Preliminary assessments are conducted on a 1:1 ratio.

Assessors include AUSTSWIM or equivalent Teacher of Swimming & Water Safety, Foundation Coach, Performance Coach, Development Coach, Core Official, Technical Official, Senior Official, Performance Official, Training Officer (SRC/Bronze), Assessor (SRC/Bronze), Age Manager Presenter  
If a club doesn't have access to any of the correct personnel for assessing, then please contact the M&LD Executive Committee.

### **Water safety officers must be proficient in either the Surf Rescue Certificate or Bronze Medallion**

Preliminary Evaluations are a risk management procedure to appraise the swimming capabilities of participants and must be done as part of the clubs duty of care. The Assessor must feel satisfied that a participant would be able to swim to safety if required. Any child that does not meet the required evaluation level will require a higher level of supervision when involved in water based activities at the discretion of the assessor.

### **Nipper Admin App Entry for Junior Activities Preliminary Assessments**

[Please click here for Nipper App instructions](#)

### **Surfguard Entry for Junior Activities Preliminary Assessment**

[Please click here for Surfguard instructions](#)



## COMPETITION SKILLS EVALUATION

Junior members who wish to compete at junior and youth/senior carnivals are required to complete the Competition Skills Evaluation. Please note this includes U14's who are competing at the youth/senior carnivals.

From the age of 8 (Under 9), junior members can begin to compete in swimming and board events at junior carnivals. To ensure that all juniors have the ability, strength and fitness required to complete the course they must pass the Competition Skills Evaluation specific for their age group, as determined by SLSA.

The Competition Skills Evaluation is based on the swim competition distances as set out in the SLSA Australian Surf Sports Manual for that age group and is standard in the form of an open water swim. The evaluation is to be carried out in an open water environment and involves a continuous effort of swimming (freestyle) around the course. Consideration of the conditions and swell size needs to be taken into consideration when conducting the Competition Skills Evaluation timed swims - there should be a focus on nippers completing the swim continuously (e.g. no rest breaks).

The evaluation must be completed prior to the award being processed and prior to the candidates (U/9 – U/14) competing at carnivals.

Assessors include: Foundation Coach, Performance Coach, Development Coach, Core Official, Technical Official, Senior Official, Performance Official, Training Officer (SRC/Bronze), Assessor (SRC/Bronze), Age Manager Presenter

Duty of care must be a high priority when considering the conditions on each day of the evaluation. **The correct ratio of water safety officers (1:5) must be in place.** All water safety officers must be proficient in either a Surf Rescue Certificate or Bronze Medallion.

The Competition Skills Evaluation is mandatory for U12 – U14 to compete in ANY event and U9 – U11 for water events only (excluding wade). Competition Skills Evaluation Form 14's need to be processed by LSV prior to competitors being able to be entered into the competition entry system

If clubs do not have enough participants in the relevant age group, competitors may go up one age group for **team events** but cannot represent more than 50% of the team i.e. U11 can compete in a team event for U12 but not U13. If a participant wishes to compete up an age level in water based activities, the necessary Competition Skills Evaluation needs to be completed for the higher age group.

### **Nipper Admin App Entry for Junior Activities Competition Skills Evaluation**

[Please click here for Nipper App instructions](#)

### **Surfguard Entry for Junior Activities Competition Skills Evaluation**

[Please click here for instructions](#)



## SURF EDUCATION AWARDS

At the completion of the Nippers (Surf) Education Program, participants are eligible for an award specific to their age group. The program is based on a 70% participatory evaluation and not assessed on competence.

Completion of the relevant junior Surf Education Award is a prerequisite to be eligible to compete in the Victorian Junior State Championships. All under 14 members wishing to compete in the Victoria Junior State Championships will be required to have completed their Surf Rescue Certificate.

### Nipper Admin App Entry for Junior Activities Surf Education Awards

[Please click here for Nipper App instructions](#)

### Surfguard Entry for Junior Activities Surf Education Awards

[Please click here for instructions](#)

## TROUBLESHOOTING

If you are experiencing difficulty finding a candidate who does not appear in the available list of candidates in Surfguard, you can run an 'assessment candidate qualifications check' under Education. This enables you to check if the candidate already has the award / proficiency



# SURFGUARD

The screenshot shows the Surfguard web application interface. At the top, there is a blue navigation bar with several menu items: Summary, Members, Education, Organisational Management, Patrols, Messages, Maintenance, and Reports. The 'Education' menu is currently selected and open, displaying a dropdown list with three options: 'Assessment Request List', 'New Assessment Request', and 'Assessment Candidate Qualifications Check'. Below the navigation bar, the main content area is partially visible, showing 'Patrol Hours' and 'Rescues To Date' sections.