







Activity	Whole of Victoria
GENERAL INFORMATION	<p>The LSV Activity Guide (this document) provides the most up to date information regarding lifesaving activity status in accordance with government restrictions.</p> <p><b>All information provided is based on current understanding of restrictions, this may be subject to change as more detailed information becomes available and will be updated at that time.</b></p> <p>All clubs must ensure they have a COVIDSafe Plan in place. Contact tracing is mandatory at all lifesaving facilities and when undertaking lifesaving activities. This is a critical requirement in the return to lifesaving and to clubs' COVIDSafe plans.</p> <p>For the latest information on government restrictions, please <a href="#">click here</a>. For further details on specific lifesaving activities, please refer to the below information.</p> <p><b>LSV's COVID-19 vaccination requirements, which apply to all activities in this guide, can be accessed in the <a href="#">Vaccinations FAQ</a>.</b></p> <p><b>Use the <a href="#">Vaccination Status Form</a> for member to record their vaccination status.</b></p> <p>Face coverings are recommended to be worn if you can't physically distance, or if you are with people who may be vulnerable to COVID-19. Masks are required indoors at retail, health, care and justice facilities, at primary schools, and on public transport/taxis/rideshare., For further advice on masks, please refer to <a href="#">LSV's current mask advice</a>. Should you have any symptoms, you should not attend a lifesaving facility or event, and get tested as soon as possible.</p> <p>For further details on COVIDSafe guide and resources for Clubs and activities, please refer the <a href="#">LSV Club COVID Recovery Site</a>.</p>

Activity		Whole of Victoria
LIFEAVING CLUB FACILITIES & EVENTS		Lifesaving club facilities and events will operate in accordance with <b>Scenario A</b> in the <a href="#">LSV COVIDSafe Plan</a> .
		<ul style="list-style-type: none"> <li>• Club facilities can open, with no venue caps or density limits, noting that:                             <ul style="list-style-type: none"> <li>○ Members over 12 and 2 months must be fully vaccinated. See <a href="#">LSV vaccination FAQ</a> for further details.</li> <li>○ Members must check in via the Services Victoria QR code</li> <li>○ Toilets can be accessed by all members</li> <li>○ Change rooms open to fully vaccinated members</li> <li>○ Any equipment that is accessed, must be cleaned in accordance with the LSV Cleaning Guide</li> </ul> </li> <li>• Bunkrooms and bunkhouses are open. Clubs should consider the priority ratings as listed in the <a href="#">bunkhouse guidance policy</a>.</li> <li>• Hospitality is open without patron caps or density quotient limits.</li> <li>• Public events in Victoria, including club-led mass participation events (special events), can host up to 5,000 attendees, where all attendees (staff and patrons) are fully vaccinated, subject to any restrictions related to the settings of the host venue.</li> <li>• All events operate under the COVIDSafe Settings.</li> <li>• There are vaccination exceptions for school groups. Please refer <a href="#">COVID-19 Vaccinations School Programs Exception FAQ</a></li> <li>• Club fundraising activities can occur, in line with COVIDSafe procedures in place.</li> </ul>
		N/A




# LSV ACTIVITY GUIDE – COVID-19

THIS DOCUMENT IS VALID FROM 24/11/2021 UNTIL FURTHER NOTICE

Activity		Whole of Victoria
LIFESAVING OPERATIONS	PATROLS	 <p>Lifesaving Operations activities will operate in accordance with <b>Scenario A</b> in the <a href="#">LSV COVIDSafe Plan</a>.</p>
		 <p><b>Patrol operations:</b></p> <ul style="list-style-type: none"> <li>Life Saving Club &amp; State Service patrol season commenced as of Saturday, 13 November 2021.</li> </ul> <p><b>Emergency operations:</b></p> <ul style="list-style-type: none"> <li>Water rescue including IRB, rescue boards, RWC and helicopter.</li> <li>First aid and other medical first responder activity.</li> </ul> <p><b>Assist other emergency services:</b></p> <ul style="list-style-type: none"> <li>Support Ambulance Victoria, Victoria Police and other emergency services as approved by LSV.</li> </ul> <p><b>When responding to an incident, members should:</b></p> <ul style="list-style-type: none"> <li>wear your patrol uniform (if possible)</li> <li>carry photographic identification (licence or similar)</li> <li>comply with all directions from Victoria Police.</li> </ul>
		 <p>N/A</p>




# LSV ACTIVITY GUIDE – COVID-19




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Activity		Whole of Victoria
LIFESAVING OPERATIONS	TRAINING	 <p>Lifesaving Operations Training (skills maintenance and new awards) will operate in accordance with <b>Scenario A</b> in the <a href="#">LSV COVIDSafe Plan</a>. All training and assessment activities must be delivered in accordance with the available risk assessment/adjustment documents.</p>
		 <p>The below courses commenced from 3 September:</p> <ul style="list-style-type: none"> <li>• Aquatic Rescue courses (SRC, Bronze, Radio Operations and SM Beach Management)</li> <li>• First Aid and Emergency Care courses (Resuscitation, First Aid and Advanced Resuscitation)</li> <li>• Powercraft courses (IRB Crew/IRB Driver and SSV)</li> <li>• Skills maintenance activities for above listed awards.</li> </ul> <p>Additionally, LSV and Clubs can now deliver BELS, SM Aquatic Rescue and Gold Medallion Awards.</p> <p>For further details on how to register for courses and book in, please go to the <a href="#">Member Training Portal</a> or read the <a href="#">COVIDSafe Lifesaving Operations Training FAQ</a>.</p>
		 <p>N/A</p>

# LSV ACTIVITY GUIDE – COVID-19

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Activity		Whole of Victoria
AQUATIC SPORT	COMPETITION & TRAINING	 <p>Aquatic Sports Competition and Training will operate in accordance with <b>Scenario A</b> in the <a href="#">LSV COVIDSafe Plan</a>. Please see 'at home' and 'out of home' fitness programs: <a href="#">click here</a> or visit the <a href="#">LSV Sport Forum</a> on Facebook for advice on how to stay active.</p>
		 <ul style="list-style-type: none"> <li>• Community sport (Competition and training) permitted                             <ul style="list-style-type: none"> <li>○ No patron caps or density quotients, noting that:                                     <ul style="list-style-type: none"> <li>▪ Members over 12 and 2 months must be fully vaccinated. See <a href="#">LSV vaccination FAQ</a> for further details.</li> <li>▪ Members must check in via the Services Victoria QR code</li> <li>▪ Recommended groups of 100 participants/spectators in any group, plus those needed to run the session</li> <li>▪ COVIDSafe Signage is displayed</li> <li>▪ Physical distancing of 1.5m applies where possible within each group</li> <li>▪ Staying outdoors where possible, if indoors, consider mask use and ensure physical distancing and larger spaces</li> <li>▪ Minimising contact throughout activities</li> </ul> </li> </ul> </li> <li>• Consider timings of programs to avoid busy beach periods</li> </ul>
		 <p>N/A</p>

Activity		Whole of Victoria
AQUATIC SPORT	EXERCISE	 <ul style="list-style-type: none"> <li>• Doing some form of exercise is an easy and free way to boost your mental and physical health.</li> <li>• Please see 'at home' and 'out of home' fitness programs <a href="#">HERE</a> or visit the <a href="#">LSV Sport Forum</a> on Facebook for advice on how to stay active.</li> </ul>
		 <ul style="list-style-type: none"> <li>• Physical recreation facilities (such as gyms) and community recreation facilities are open for fully vaccinated people.</li> </ul>
		 <p>N/A</p>

Activity	Whole of Victoria	
NIPPER EDUCATION PROGRAMS		<p><b>Nippers education program and starfish nippers</b> will move to <b>Scenario A</b>, commencing from Friday 26 November</p>
		<p>Club programs can commence, with no participation caps or density limits, noting that:</p> <ul style="list-style-type: none"> <li>Members over 12 and 2 months must be fully vaccinated. See <a href="#">LSV vaccination FAQ</a> for further detail. This includes Nippers participating in Nipper Education Programs</li> <li>If nippers, parents/guardians and nippers personnel are not fully vaccinated they will not be able to enter the nipper education program venue area, including the club facilities, or be involved with nipper programs in any capacity</li> </ul> <p><b>We recommend:</b></p> <ul style="list-style-type: none"> <li>A maximum of 1000 patrons – this includes Nipper participants, spectators (parents and carers) and those needed to run the session (i.e. water safety, age managers and mentors)</li> <li>Maximum of groups of 100 participants/spectators in any group, plus those needed to run the session</li> <li>COVIDSafe Signage is displayed</li> <li>Minimum of 5m between each group</li> <li>Physical distancing of 1.5m applies where possible within each group</li> <li>Where possible, group members and age managers are to remain with the same group for the entirety of the session, no mixing of groups</li> <li>Staying outdoors where possible, if indoors consider mask use and ensure physical distancing and larger spaces</li> <li>Minimising contact throughout activities</li> <li>Consider timings of programs to avoid busy beach periods</li> </ul> <p><b>School nippers' education programs / beach programs:</b></p> <ul style="list-style-type: none"> <li>There are vaccination exceptions for school groups. Please refer <a href="#">COVID-19 Vaccinations School Programs Exception FAQ</a></li> <li>Please note: special event process is required to be completed when running school programs. Additionally, LSV requests that school programs complete the following <a href="#">information form</a> and return with their special event application.</li> <li>Maintaining COVIDSafe protocols and a low-risk environment is important, take active steps to maintain where practicable.</li> </ul>
		<p>N/A</p>