

Audience:	LSV staff, volunteers, contractors, licensees and stakeholders
Hazards	<p>Coronavirus Disease (COVID-19)</p> <p>Coronavirus is an infectious disease that can cause respiratory syndromes, ranging from the common cold to severe acute respiratory syndrome (SARS). In severe cases this can be potentially fatal.</p>
Details	<p>In December 2019, cases of a viral pneumonia caused by a previously unknown pathogen were reported in Wuhan, Central China. The pathogen was identified as a novel coronavirus (recently named SAR-CoV-2). SARS-Cov-2 causes the illness now known as coronavirus disease (COVID-19) Currently there are no known treatments (vaccine or anti-viral) against the virus.</p> <p>The most common symptoms of COVID-19 are fever, breathing difficulties such as breathlessness, cough, sore throat, fatigue and tiredness. Cases of coronavirus disease (COVID-19) have now been reported in a significant number of countries around the world, including Australia.</p>
Key Messages	<p>As of 01 April (6.30am):</p> <ul style="list-style-type: none"> • Number of confirmed cases in Victoria: 968 (+51 since 31 March 2020, ↓47% decrease in new cases compared to 31 March 2020) • Number of deaths in Victoria: 4 (+0 since 31 March 2020, no change) • Number of confirmed cases in Australia: 4,608 (+323 since 31 March 2020, ↑6% increase in new cases compared to yesterday) • Number of deaths in Australia: 19 (+1 since 31 March 2020, ↓50% decrease in new deaths compared to yesterday) <p>This Advice message is being issued for Victoria. Issued Today at 5:11 PM.</p> <p>Today's update:</p> <ul style="list-style-type: none"> • The threat of coronavirus (COVID-19) to public health is real and everyone must take physical distancing seriously. • Stay at home whenever possible. We can't completely stop this virus, but by everyone staying home we can work together to help limit its spread. • There are only four reasons to leave your home: for food and supplies; exercise; medical care and care giving; and for work or education (when you can't do these things remotely). • If you must go outside, keep a full arm-span (about 1.5 metres) between yourself and others. • All travellers returning from overseas to Victoria are being quarantined for 14 days. • Gatherings of more than two people are now banned, except for members of your immediate household and for work or education purposes. • Playgrounds, skate parks and outdoor gyms are closed. • Victoria Police are issuing fines for breaches of these restrictions. <p>Latest Information: the health and wellbeing of members and community is paramount, information is changing quickly, please stay up to date via the DHHS website and online via www.lsv.com.au/healthalerts</p>

<p>Actions All</p>	<p>You must take the following actions now to reduce the risk of coronavirus (COVID-19) infection to yourself and the community by:</p> <ul style="list-style-type: none"> • Washing your hands regularly. • Covering your nose and mouth with a tissue when coughing or sneezing. If you don't have a tissue, cough or sneeze into your upper sleeve or elbow. <p><u>If you are unwell:</u></p> <ul style="list-style-type: none"> • Self-isolate at home. • Do not go to public places. • Do not attend work, schools, universities or social gatherings. • Do not visit aged care facilities. <p>If you suspect you may have coronavirus (COVID-19) call the dedicated hotline: 1800 675 398.</p> <p>International travellers: All international passengers arriving at Victorian airports or disembarking at maritime ports must go into immediate quarantine for 14 days from the day of their arrival. For more information use this link.</p> <p>Current restrictions: Full details of restrictions are found here.</p> <p>Physical distancing: Actions that Victorians and employers can take are available here.</p> <p>Protect your health: Continue to take personal action to reduce your exposure.</p> <p>Help protect other people's health: Avoid visiting loved ones, friends and family in hospitals and aged care facilities.</p>
<p>Club Patrols</p>	<p>From this weekend, lifesaving services across the state will move to providing reactive emergency response activity. This will effectively finish our standard lifesaving patrol season – scheduled to continue until 13 April (Easter Monday) and we advise that all lifesaving clubs must now close and activities cease except for emergency response services.</p> <p>Refer to the Patrol Circular in relation to more information as well as the process for confirming emergency response contacts.</p>
<p>Immediate Safety Consideration for Patrolling Members and providers of First Aid</p>	<p>Refer to the First Responder Checklist and Decontamination Guide for further information. These can be found on our Health Alerts page under Clubs and Members.</p> <p>Major change to previous advice relates to the use of increased PPE for all first aid treatment(s) (based on advice from Ambulance Victoria).</p>
<p>Planned Activities</p>	<p>Clubs should review planned activities and consider the opportunity to adapt to deliver online or postpone / cancel.</p> <p>If you would like to discuss potential modification, please contact your VSO or LSV business area to discuss through technology and options.</p>
<p>For Life Saving Clubs and Organisations</p>	<p>Life Saving Clubs and Organisations should keep up to date with the latest information and resources via the links and consider the following communications and actions:</p> <ul style="list-style-type: none"> • Member Advice: sending a notification out to all members advising them of precautionary measures. • Report Self Isolation / Confirmed Cases: clubs and members should log any known cases of members required to self isolate or confirmed case, to assist LSV reporting to Government. • Planned Activities: modify, cancel or postpone planned events and activities against DHHS recommendations.

	<ul style="list-style-type: none"> • Resources for Clubs and Organisations: utilise available resources and tools to plan, act and communication communicate including; plan templates, tracking tools, posters etc. Resources including posters, templates for communications and further tools to stay connected will be available <u>online</u> and updated during the week. • Take action around the club: review supplies, cleaning and protocols to help limit infection and transmission. <p>If people are entering the club;</p> <ul style="list-style-type: none"> • Limited access to the facility for all non-essential use • Ensure facility is secured • Ensure sign-in and sign-out sheets at entrances • Implement a permission process to access facility • Whilst onsite ensure social distancing of 4ms2 • Ensure good hand-hygiene and cough etiquette at all times. • Provide and promote sanitisers for use on entering buildings. • Ensure high standards and regular of routine environmental cleaning. • Clean and disinfect high touch surfaces regularly, including desks and keyboards. • Open windows, enhance airflow, adjust air conditioning. • Promote preventive actions amongst your members and staff - lead by example. • Plan for what to do if members or staff arrive sick at club. • Ensure people that are unwell, have been on contact with a confirmed case or anyone in self-isolation does not enter facility
<p>Report Self Isolation / Confirmed Cases</p>	<p>Members and Clubs are requested to notify LSV via an online form if they area aware of a member required to Self Isolate for any reason (unwell, high risk, close contact or travel).</p> <p>Notification Form</p> <p>The information is confidential and will be used to monitor, support and provide Government with deidentified information for workforce capacity planning.</p>
<p>LSV Events and Programs</p>	<p>LSV has announced a number of postponements and cancellation for the coming period.</p> <p>Please refer to the list on our Health Alerts page for latest information.</p>
<p>Harmony and Inclusion</p>	<ul style="list-style-type: none"> • There are increasing reports of racist taunts and behaviours directed at Chinese and Iranian people as a result of the Coronavirus. • There is no need and no excuse for racism or intolerance. • Life Saving Victoria condemns all forms of discrimination and vilification. • Everyone has the right to feel safe and that they belong. • Australians and Victorians alike need be respectful and support one another during this time.

<p>Welfare</p>	<p>We understand these are particularly uncertain and difficult times for Clubs, members and Community.</p> <p>If you need help during this time, we encourage you to speak with family and friends, and you can call the support services below:</p> <p>Lifeline Australia: 13 11 14</p> <p>Beyond Blue: 1300 22 4636</p> <p>Life Saving Victoria – please contact LSV comms directly.</p> <p>If members or individuals have any immediate concerns for their or others wellbeing, LSV do recommend seeing a local GP.</p> <p>Additional welfare resources are available via www.lsv.com.au/healthalerts including information on talking to younger members, immediate response to trauma/loss.</p>
<p>Resources</p>	<p>As the situation in regards of cases of Coronavirus is evolving rapidly please use the available resources to keep informed of the latest updates.</p> <p>Latest information will be available on the LSV website: www.lsv.com.au/healthalerts</p> <p>Other Resources:</p> <p>Surf Life Saving Australia – Circular; https://lsv.com.au/wp-content/uploads/SLSA-Bulletin-Coronavirus-03.1920.pdf * note some information has been superseded, given the speed of changing advice.</p> <p>Department of Health and Human Services Website – Victoria: https://www.dhhs.vic.gov.au/coronavirus</p> <p>SmartTraveller Website: https://www.smarttraveller.gov.au/news-and-updates/coronavirus-covid-19</p> <p>Australian Government Department of Health: https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert</p> <p>Worksafe: https://www.worksafe.vic.gov.au/safety-alerts/exposure-coronavirus-workplaces</p>