

# SURF LIFE SAVING AUSTRALIA

## PATROL COMPETITION PRACTICAL RESUSCITATION



CARNIVAL:				DATE:
AGE CATEGORY:	HEAT	SEMI	FINAL	CLUB:
COMPETITOR No 1			COMPETITOR No 2	
COMPETITOR No 3			COMPETITOR No 4	
COMPETITOR No 5			COMPETITOR No 6	
JUDGES NAME:				JUDGES SIGNATURE:

<p>The 'Patient' for this Section has been determined as an adult.</p> <p><b>Team positions:</b> Open team members will draw for the positions of 1, 2, 3, 4, 5 and 6. Under 17 team members will draw for positions 1, 2, 3 and 4. As per the rules of the event competitors in this section will assume different roles relevant to their draw.</p> <p>Mark a ✓ in the square □ or circle ○ adjacent to the errors. Check your additions. Submit your card promptly to the Steward.</p>	<p><b>Deductions:</b> A maximum of twenty (20) points will be allocated to this section with team deductions as follows: <b>Points deductions for each Section will be as follows:</b></p> <ul style="list-style-type: none"> <li>○ Major Faults: <ul style="list-style-type: none"> <li>• For each Major Fault, 4.0 Points to be taken off the total 20 points in the relevant Section being judged.</li> </ul> </li> <li>□ Minor Faults: <ul style="list-style-type: none"> <li>• Minor Faults (on competition marking sheet indicated with a square for Judges to mark)</li> <li>• For each Minor Fault 0.5 Point to be taken off the total 20 points in the relevant Section being judged.</li> </ul> </li> </ul> <p><b>Note:</b> Judges are not to confer on any Major Faults. All judges need to have independently recorded the same major deduction for it to be accepted.</p> <p><b>Note:</b> Judges are not to confer on any Minor Faults.</p>
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Score

Note: No team can earn less than 0 points in Section A or Section B in the practical resuscitation component of the event.

Number Major Faults		X 4.0 points each	=
Number Minor Faults		X 0.5 points each	=
Timing Deductions	A=	B=	C=
TOTAL POINTS DEDUCTION			=
20 POINTS MINUS TOTAL POINTS DEDUCTION			= /20

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Under 17 teams 2 person assessment of live patient – including Lateral position by numbers 1 and 2

Open teams 2 person assessment of live patient – including Lateral position by numbers 5 and 6

First roles on the manikin will be:

No.1 – 1 person C.P.R.,

No.2 – 2 person C.P.R. as the E.C.C. operator,

No.3 – Preparing A.E.D. unit and introduces A.E.D. pads in last cycle of 2 person CPR.

No.4 – preparing oxygen equipment and introduces mask in 2 person C.P.R.

No.5 – Live Patient Assessment One person C.P.R.

No.6 – Live Patient Assessment two person C.P.R., E.C.C. operator.

**Command given: “A patient is found lying on the ground motionless, please assess the situation and declare patient assessment. Further instructions will be given at each stage of the segment”**

Failure by No.5 and No.6 to assess for danger to themselves, bystanders or patient, and remove danger if necessary

Incorrect assessment of above

**If asked by competitor “Is there any danger” – respond appropriately**

Failure of No.5 to “Squeeze shoulders, shout and ask simple commands”

Incorrect assessment of above

**Command given: “Patient is not responsive, not moving and is unconscious.”**

Failure of No.5 to request a “send” for assistance

Failure of No.5 to check airway

Incorrect method of No.5 checking airway

**Command Given: “Foreign body and fluids are visible.”**

Failure to roll patient on to side position

Incorrect method of rolling patient onto side

Failure of No.5 to place head in backward head tilt

Inconsistent backward head tilt

Incorrect method of No.5 opening mouth correctly

Head not pointed down slightly

Failure of No.6 to simulate inspection and cleaning of mouth

No.6 not looking inside mouth after simulating the cleaning out with fingers

No.6 having visibly sandy or dirty fingers when cleaning the mouth

Failure of No.5 to assess patient's breathing

Incorrect method of No.5 assessing for breathing – not placing ear over nose, cheek over mouth

No.6 not correctly observing/feeling chest and abdomen for movement

**Command given: “Patient is not responsive and is not breathing normally”**

No.5 not declaring that “Patient is not responsive and is not breathing normally”

Failure to roll patient on back

Failure of No.5 to attempt to obtain an open airway

Failure of No.5 to give 2 rescue breaths

Incorrect method of delivering 2 rescue breaths

Failure to achieve head tilt

Occasional incorrect head tilt

Not observing chest movement between breaths

Failure of No.6 to immediately attempt to take up hand positions for E.C.C.

No.6 not attempting to locate position of compressing hand on the sternum for E.C.C.

Totally incorrect position of compressing hand on the sternum for effective E.C.C.

**Note: No pressure to be applied to patient's chest. After hand positions are assessed.**

**Command given: “Patient is responsive and is now breathing normally”**

No.5 not declaring that “Patient is responsive and is now breathing normally”

Failure to place patient into lateral (recovery) position

Failure of No.5 to maintain an open airway after securing patient in the lateral position

Incorrect patient roll

Incorrect placement of knee/leg in lateral position (each) by No.6

Incorrect position of patient's arms (each) in lateral position by No.6

No.5 not positioning head slightly downward for drainage from mouth

No.5 and No.6 not monitoring the patient

Rough handling of patient

Other deductions (specify)

**Command given: “Operators halt”**

**Competitors to prepare manikin for Section B**

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**One person .CP.R .assessment on a manikin by No.1**

Command given: *"The patient has been assessed as not responsive, not moving and is unconscious. The patient is not breathing normally after 2 initial rescue breaths have been delivered"*.

Command given: *"Operator ready"*

- Failure to immediately attempt to take up hand position for E.C.C.
- Occasional incorrect position of compression hand on the sternum for E.C.C.
- Totally incorrect .position of compressing hand on the sternum for E.C.C.

Note: Upon hand position being located for E.C.C. by No.1

Command given: *"Operator commence"*

Note: timing for 5 complete cycles beginning with E.C.C. to commence on this command

- Failure to begin C.P.R. commencing with .E.C.C.
- Failure to attempt rescue breathing
- Failure to maintain backward head tilt during rescue breathing
- Occasional failure to maintain backward head tilt during rescue breathing
- Failure to consistently seal the nose during inflations
- Failure to consistently achieve correct chest inflation during rescue breathing
- Failure to consistently achieve sufficient chest depth during E.C.C.
- Failure to consistently achieve correct hand position for E.C.C.
- Occasional incorrect hand positions for E.C.C.
- Occasional incorrect pressure for E.C.C.
- Not maintaining a consistent rate during C.P.R.
- Not counting E.C.C compressions aloud (The E.C.C count shall be given aloud commencing with "1" then "5, 10, 15, 20, 25, 26, 27, 28, 29, 30", or "1 to 30" or any other variation starting with "1 and ending with 30".)
- Not Maintaining Correct Ratio of 30:2
- Incorrect rescue breathing technique
- Occasional incorrect mouth seal during rescue breathing
- Occasional over/under inflation of lungs
- Not observing the rise and fall of chest during rescue breathing
- Rough handling of patient

**Record of timing for 5 complete cycles – 1 person C.P.R.**

Note: timing to start on first compression and timing to stop at the completion of the 2<sup>nd</sup> rescue breath on the 5<sup>th</sup> cycle

5 cycles completed in:

Deductions:

Timing (B) Assessor to tick the appropriate timing deduction

Slower than 2:05.00	4 point deduction	<input type="checkbox"/>
2:03.00 – 2:04.99	2 point deductions	<input type="checkbox"/>
2:01.00 – 2:02.99	1 point deduction	<input type="checkbox"/>
1:55.00 – 2:00.99	Nil deduction	<input type="checkbox"/>
1:53.00 – 1:54.99	1 point deduction	<input type="checkbox"/>
1:51.00 – 1:52.99	2 point deduction	<input type="checkbox"/>
1:50:00 – 1:50.99	3 point deduction	<input type="checkbox"/>
Faster than 1:50.00	4 point deduction	<input type="checkbox"/>

Note: Immediately at the conclusion of the 1 Person C.P.R. (5 cycles) – 2 person C.P.R .shall commence without a break

- Failure of No.2 to inform No.1 of rotation from 1 to 2 person C.P.R.
- Failure of team to maintain timing and rhythm when transferring from 1 person to 2 person C.P.R.
- Failure No.2 to consistently achieve correct hand position for E.C.C.
- Failure to consistently achieve sufficient chest depth during E.C.C.
- Failure to begin C.P.R. cycle commencing with E.C.C.
- Not attempting rescue breathing
- Failure of No.1 to maintain backward head tilt
- Not attempting to seal the nose during inflations by No.1
- Consistent failure by No.1 to achieve correct chest inflation during rescue breathing
- Failure by No.4 to prepare oxygen equipment while 2 person C.P.R. is being performed
- Failure of No.4 to introduce the mask at some point while 2 person C.P.R. is being performed
- No.2 Occasional incorrect hand positions for E.C.C.
- No.2 Occasional incorrect pressure during E.C.C.
- Not maintaining a consistent rate during C.P.R.
- Not counting E.C.C compressions aloud (The E.C.C. count shall be given aloud commencing with "1" then "5, 10, 15, 20, 25, 26, 27, 28, 29, 30", or "1 to 30" or any other variation starting with "1 and ending with 30".)
- Incorrect rescue breathing technique by No.1

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- Incorrect jaw thrust position for rescue breathing by No.1
- Occasional incorrect mouth seal during rescue breathing by No.1
- Occasional over/under inflation of lungs by No.1
- No.1 not watching for rise and fall of chest during rescue Breathing

The Automated external Defibrillator (A.E.D.) unit shall be introduced without a break to the 2 person C.P.R. The pads to be applied before the completion of the 5th cycle

Note: A.E.D. Training Unit will remain TURNED OFF throughout these sections.

- Failure of Nos.1 and 2 to continue the 2 person C.P.R. while the A.E.D. unit is introduced
- Failure of No.3 to announce qualifications and that the A.E.D. unit is on the beach
- Failure of No.3 to check A.E.D. unit correctly
  - Simulate turning on A.E.D. unit
  - Apply Pads one at a time
  - Check Pads are connected to A.E.D. unit
- Failure of No. 3 to apply Electrode Pads to patient correctly by end of 5th cycle

Failure by No.4 to perform the following:

- Switch on oxygen correctly
- Check contents gauge
- Check air bag recoil
- Check patient valve working
- Check leaks in air reservoir bag
- Check patient expired air valve working
- Assemble correctly to compress air bag after reservoir bag filled first time with oxygen (to 'purge')
- Rough handling of patient

**Record of timing for 5 complete cycles – 2 person C.P.R.**

Note: timing to start on first compression and timing to stop at the completion of the 2nd rescue breath on the 5th cycle

5 cycles completed in:

**Deductions:**

Timing (B) Assessor to tick the appropriate timing deduction

Slower than 2:05.00	4 point deduction	<input type="checkbox"/>
2:03.00 – 2:04.99	2 point deductions	<input type="checkbox"/>
2:01.00 – 2:02.99	1 point deduction	<input type="checkbox"/>
1:55.00 – 2:00.99	Nil deduction	<input type="checkbox"/>
1:53.00 – 1:54.99	1 point deduction	<input type="checkbox"/>
1:51.00 – 1:52.99	2 point deduction	<input type="checkbox"/>
1:50:00 – 1:50.99	3 point deduction	<input type="checkbox"/>
Faster than 1:50.00	4 point deduction	<input type="checkbox"/>

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**Note: Immediately at the conclusion of the 2 person C.P.R. (5 cycles) – 2 person C.P.R. using the A.E.D. and oxygen equipment shall commence without a break**

- Failure by No.4 to have oxygen equipment ready prior to first cycle of 2 person C.P.R. using oxygen equipment
- Failure by No.4 to fully inform No.2 and No.1 of qualifications to operate oxygen equipment, that the equipment is ready for the rotation to 2 person C.P.R. with oxygen
- Failure of team to reasonably maintain timing and rhythm when transferring positions for 2 person C.P.R. with oxygen equipment

**Note: The A.E.D. unit will analyse the patient on the commencement of the 1st cycle after rotation between 2 person C.P.R. and 4 person C.P.R. It is to be assumed that the analysis results in defibrillation being required.**

- Failure of No. 3 to announce: "Analysing, Stand Clear"
- Failure of No 3 to announce: "Shock Required"

**Note: After No.3 announces that a shock is required, Nos. 1, 2 and 4 are to remove the oxygen equipment and stand clear while the patient is defibrillated.**

- Failure of Nos. 1, 2 and 4 to remove oxygen equipment and stand clear while the patient is defibrillated
- Failure of No.3 to check that conditions are safe for a defibrillation procedure
- Failure of No. 3 to deliver shock
- Failure of No. 3 to declare it is safe to touch the patient and continue C.P.R. with Oxygen

**Command given: "Operator ready"**

- Failure of No.4 to immediately attempt to take up hand position for E.C.C.
- Totally incorrect position by No. 4 of compressing hand on the sternum for E.C.C.

**Note: Upon hand position being located for E.C.C. by No. 4**

**Command given: "Operator commence"**

**Note- timing for 5 complete cycles beginning with E.C.C. to commence on this command**

- Failure to begin C.P.R. cycle commencing with E.C.C.
- Failure No.4 to consistently achieve correct hand position for E.C.C
- Failure to consistently achieve sufficient chest depth during E.C.C.
- Failure to attempt rescue breathing using oxygen equipment
- Failure of No.1 to maintain backward head tilt
- Failure of No.1 to achieve jaw thrust to perform efficient mouth to mask resuscitation

- Consistent failure by team to achieve correct chest inflation during rescue breathing using oxygen equipment
- No.4 Occasional incorrect hand positions for E.C.C.
- No.4 Occasional incorrect pressure during E.C.C.
- Not maintaining a consistent rate during C.P.R.
- Not counting E.C.C compressions aloud (The E.C.C. count shall be given aloud commencing with "1" then "5, 10, 15, 20, 25, 26, 27, 28, 29, 30", or "1 to 30" or any other variation starting with "1 and ending with 30".)
- Incorrect rescue breathing technique by No.2 using oxygen equipment
- Incorrect jaw thrust grip for rescue breathing using oxygen equipment by No.1
- Occasional incorrect airbag/mask seal during rescue breathing by No.1
- Occasional over/under inflation of lungs by No.2
- No.2 not observing the rise and fall of chest during rescue breathing
- Rough handling of patient
- Other deductions (specify)

**Command given after 5 cycles: "Operators Halt, the patient is now breathing normally"**

- No.4 not declaring assessment that "Patient is now breathing normally"

**Record of timing for 5 complete cycles – 2 person C.P.R.**

**Note: timing to start on first compression and timing to stop at the completion of the 2nd rescue breath on the 5th cycle**

5 cycles completed in:

**Deductions:**

**Timing (B) Assessor to tick the appropriate timing deduction**

Slower than 2:05.00	4 point deduction	<input type="checkbox"/>
2:03.00 – 2:04.99	2 point deductions	<input type="checkbox"/>
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1:50:00 – 1:50.99	3 point deduction	<input type="checkbox"/>
Faster than 1:50.00	4 point deduction	<input type="checkbox"/>