

SOP 10.04 – Training Gear and Equipment Recommendations

Section 10 – Training and Assessment

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Effective Date – 1 September 2018

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Electronically Controlled Document

Purpose

To outline recommendations for number of trainers and training equipment for all lifesaving training and development activities.

Scope

To provide relevant information to all trainers within Life Saving Victoria.

Procedures

The below table is a guideline for trainers to assist in preparation for courses. All equipment requirements will depend on the club and the timetable produced for the course.

Award	Number Of Candidates	Recommended Number Of Qualified Trainers	Equipment Required (Recommendation)
SRC/Bronze	1-10	2	3-5 rescue tubes, 3-5 rescue boards, QTY assorted bandages, 3-5 resuscitation manikins and 2-4 radios including harness.
	11-20	2	5 rescue tubes, 5 rescue boards, QTY assorted bandages, 5 resuscitation manikins and 2-4 radios including harness.
	21-30	3	As per 11-20 candidates, with consideration of the amount of club equipment and group rotations to allow adequate 1-2 ratio.
	30+	4+	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate 1-2 ratio.



Award	Number Of Candidates	Recommended Number Of Qualified Trainers	Equipment Required (Recommendation)
SFA	1-10	2	QTY assorted bandages (enough to meet all teaching points), Epinephrine Auto Injector (training use only), ventolin and spacer, 3 resuscitation manikins, training defib and BVM/O2.
	11-20	2	QTY assorted bandages (enough to meet all teaching points), Epinephrine Auto Injector (training use only), ventolin and spacer, 3-5 resuscitation manikin, training defib and BVM/O2.
	21-30	3	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate candidate involvement.
	30+	4+	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate candidate involvement.
Spinal	1-10	2	2 Spinal Board, 2 Sets of Straps
	11-20	2	2-4 Spinal Board, 2-4 Sets of Straps
	21-30	3	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate 1-2 ratio.
	30+	4+	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate 1-2 ratio.

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Award	Number Of Candidates	Recommended Number Of Qualified Trainers	Equipment Required (Recommendation)
ARTC	1-10	2	1-2 training defibs, 2 BVMs, 2 Approved Oxygen Kits (or equivalent), 1-2 manual suction devices, QTY of assorted size OPAs, if available practice airway manikin and 3 resuscitation manikins.
	11-20	2	2 training defibs, 3 BVMs, 3 Approved Oxygen Kits (or equivalent), 1-2 manual suction devices, QTY of assorted size OPAs, if available practice airway manikin and 3 resuscitation manikins
	21-30	3	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate 1-2 ratio.
	30+	4+	As per 11-20 candidates, with consideration of club equipment and group rotations to allow adequate 1-2 ratio.
IRBC	1-10	2	Trainer/Trainee ratio 1:1 per craft while conducting in water training
	11-20	2	
	21-30	3	
	30+	4+	
IRBD	1-10	2	1 IRB per 4 candidates to allow for adequate training time
	1-10	2	
	11-20	2	
	21-30	3	

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Note: An endorsed IRB Training Officer must be observing at all times.

All numbers contained within this document are a recommendation for best practice whilst conducting training. All training requirements will differ between clubs and the allotted amount of time for training.