

SKILLS MAINTENANCE CARD

Season 2020-21



First Name		Surname	
Club / Group		Date of Birth	
Phone No.		Email	

Refer to the 'Skills Maintenance Guide' for full details on award assessment criteria and scenarios.

Activity	Date	Completed	TAF Name	TAF Sig
<input type="checkbox"/> Surf Rescue Certificate				
DRSABCD demo		Y / N		
Resus COVID adjustments demo		Y / N		
Radio demo		Y / N		
Signals x4		Y / N		
Run 100m - Swim 100m - Run 100m <i>(in under 5 mins unaided)</i>		Y / N		
Board / tube COVID cleaning demo		Y / N		
Online learning / online theory		Y / N		

<input type="checkbox"/> Bronze Medallion				
DRSABCD demo		Y / N		
Resus COVID adjustments demo		Y/N		
Radio demo		Y / N		
Spinal management demo		Y / N		
Signals x4		Y / N		
Run 200m - Swim 200m - Run 200m <i>(in under 8 mins unaided)</i>		Y / N		
Board / tube COVID cleaning demo		Y / N		
Online learning / online theory		Y / N		

Activity	Date	Completed	TAF Name	TAF Sig
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<input type="checkbox"/> Radio Operator Certificate				
Attend radio demo		Y / N		
Online learning / online theory		Y / N		

<input type="checkbox"/> Advanced Resuscitation Techniques				
Oxygen resus demo		Y / N		
ART (OPI airways / suction) demo		Y / N		
ART COVID adjustments demo		Y / N		
Online theory		Y / N		

<input type="checkbox"/> Inflatable Rescue Boat Crew				
Online theory		Y / N		

<input type="checkbox"/> Inflatable Rescue Boat Driver				
Online theory		Y / N		
Marine Licence Number	Expiry date	TAF Name	TAF Sig	

<input type="checkbox"/> Side-by-Side Vehicle - SSV (previously All-Terrain Vehicle - ATV)				
Drivers Licence Number	Expiry date	TAF Name	TAF Sig	