

SURF BOATS





Overview

- Calendar
- VSRL Education
 - Youth Forum
 - Coaching Development
 - Learn to Sweep
 - Learn to Row
- Composite Crew Rule
- SLSA Rule Changes
- State Team Selection
- Other Business

Calendar



2019/20 Calendar Season				
Day	Date	Type	Format	Locations
Sunday	8 December 2019	Youth/Senior/Boats	Full Carnival # 1	Ocean Grove SLSC
Friday	20 December 2019	Youth/Senior/Boats	Twilight Modified Youth/Senior/Boats Carnival #2	LSV
Sunday	5 January 2020	Youth/Senior/Boats	Modified Youth/Senior/Boats Carnival #3	Anglesea LSC
Saturday	18 January 2020	Boats	Navy VSRL Open	Portland SLSC
Saturday	1 February 2020	Youth/Senior/Boats	Full Carnival # 2 (half day)	Seaspray SLSC
Sunday	2 February 2020	Youth/Senior/Boats	Full Carnival # 2 (half day)	Seaspray SLSC
Saturday	8 February 2020	Championship	Masters Championships	Lorne SLSC
Sunday	9 February 2020	Youth/Senior/Boats	Full Carnival #3	Lorne SLSC
Friday	14 February 2020	Championship	ASRL Open	Mollymook NSW
Saturday	15 February 2020			
Sunday	16 February 2020			
Sunday	1 March 2020	Boats	Navy VSRL Boat Carnival	Torquay SLSC
Saturday	21 March 2020	Youth/Senior/Boats Championship	Youth/Senior State Championships	Lorne SLSC
Sunday	22 March 2020			
Sunday	5 April 2020	Boats	LSV Boat Carnival	Fairhaven
Saturday	18 April 2020	Championship	Aussies	North Burleigh / Broadbeach
Sunday	26 April 2020			

VSRL Education



- Youth Forum
- Learn to Sweep
- Learn to Row
- Coaching Development



Coaching Accreditation Modules

Development Coach

- Provide coaches with the knowledge and skills to effectively plan and deliver discipline specific coaching sessions with a particular focus on skill development.

Performance Coach

- Coach who is a specialist within their discipline, striving for a performance-based outcome from their athletes. The performance coach is a mentor to other coaches and can facilitate workshops in their nominated disciplines.



Accreditation

Process to become a Coach:

- Fulfill Course Prerequisites
 - 16 years+
 - Working With Children Check
 - SLSA Membership
 - Bronze Medallion
- Online modules (ASC/ASADA/SLSA)
 - SLSA Member Portal
- Practical/Assessment
 - Attend a days practical with Performance Coach or Assessor
 - Assessment



Accreditation Process for Boat Sweeps

COACHING QUALIFICATION

S1 – PRE-COMPETITION BOAT SWEEP

Stage 1 is for beginner sweeps.

S2 – RESTRICTED BOAT SWEEP

Intermediate Sweeps who wish to progress into the competition phase.

S2 Sweeps will need to obtain the Development Coach certification

If conditions exceed Surf Hazard Rating 13 at both non and championship events, a level 2 Sweep will be ineligible to continue participating.

S3 – BOAT SWEEPS

Stage 3 is for advanced Sweeps who can demonstrate a high level of knowledge across the field. S3 Sweeps can compete in all levels of competition.

In order to progress to S3, S2 Sweeps must have completed all of the above and be deemed competent by their nominated S3 Sweep Assessors.

Once deemed competent as a S3 Sweep, all restrictions are lifted.



Accreditation Process for Boat Sweeps

BOAT SWEEP AWARD

You must complete the SLSA Development Coaching accreditation, with the Boat Sweep elective (this also includes the ASADA Level 1 Anti Doping Course and the ASC Coaching General Principles Course) as well as completing your S2 and S3 Sweep Accreditation Assessment Tool ([click here](#)). You cannot Sweep until you have completed the theoretical and practical components of the Development Coach and elective (as above). S1 sweeps do not need to complete the Development Coaching accreditation.

SURF BOAT ROWERS CLINICS

Surf Boat Clinics are planned and scheduled in conjunction with the VSRL. These are targeted towards beginner to intermediate level rowers who wish to enhance their rowing and also provide athletes with the opportunity to be coached by some of our best coaches. Clubs are encouraged to contact the VSRL as many accredited sweeps will happily assist other clubs.

SWEEP SCHOOLS

Sweep Schools are planned and scheduled in conjunction with the VSRL. These clinics are targeted towards S1 sweeps who aspire to sweep in competition. The clinics also may provide an opportunity to have your sweep or coaching accreditation signed off.



Composite Crew Rule

- Combined Club Crews must report their status as composite at the time of entry by naming the crew “Combined Club (and the two clubs names)”. A crew must notify the Boat Referee in the situation that they will become a Combined Club Crew during the day of racing due to the need to replace members of the crew.
- Combined Club Crews can compete in all rounds and finals of any division, including winning the pennant. Refer to the LSV Combined Club Teams Policy for State and Master’s Titles medals.



Composite Crew Rule

Surf Boat Composite Crew Policy:

This rule applies to the Victorian Lifesaving Championships, Victorian Masters Championships and the VSRL Open.

- Surf Boat Composite Crews are to be entered by the normal LSV deadlines.
- Surf Boat Composite Crews may win medals.
- Entries in the Lifesaver Relay will comply with the Combined Club Teams rules for the Board/Ski/Swim sections of the competition
- Clubs placing in the top three on the boat section point score from the previous year's championships are excluded from making Surf Boat Composite Crews.
 - Where a crew from a 'top three club' has an S2 qualified sweep, and the SHR is moves above 13, and an S3 sweep from that club is not available, an S3 sweep from another club not competing in that grade may be substituted. Note that the crew must start the titles with a sweep from their club. Note the substitute sweep must be proficient and entered.

Surf Boat Relay:

At the discretion of the referee, clubs and crews may invited to form Surf Boat Composite Crews on the day. These teams will not be eligible to win medals

The following clubs may not form CCT's in the 2020 Championship events
Victorian Championships and VSRL Open – Torquay, Lorne and St Kilda
Victorian Masters Championships – Lorne, Port Fairy and Jan Juc



SLSA Rule Changes





State Team Selection





Other Business





Questions

