

Visiting a Farm

Activity 3

View the 'Visiting a Farm' VR tour at <https://lsv.com.au/vr/>

LEVELS F – 2



Curriculum

Science – Science Understanding

Biological sciences

Foundation – Level 2

- Living things have a variety of external features and live in different places where their basic needs, including food, water and shelter, are met ([VCSSU042](#))



Key Learning

During this lesson, students will begin to make connections between the foods they eat and the plant/animal products they are produced from. They will help to make a cake and identify where the ingredients came from. Note: Please check student allergies before beginning this activity.



Resources

- Projector or SmartBoard
- Appendix A: *Cake recipe*
- Ingredients and equipment as listed in Appendix A
- Oven
- Appendix B: *Where does our food come from?*



Engage

- Ask students what they need to survive and stay healthy, for example food, water, oxygen etc. Make a list of these things on the board. Explain to students that we will be baking a cake. Ask them what ingredients and equipment they think we will need. Create a list together.



Explore

- Prepare the cake mixture together using Appendix A: *Cake recipe*. Discuss each of the ingredients as you go and ask students where they think it came from.



Explain

- Ask students where they get their food from, for example restaurants, supermarket, greengrocer, market etc. Ask them if they know where it comes from before it gets to these places. Explain to students that many of these products are grown on Australian farms. Play [‘Do eggs grow on trees’](#) together on the smartboard.



Elaborate

- Give students a copy of Appendix B: *Where does our food come from?* to complete.



Evaluate

- Ask students to share their answers.

Discuss:

- Where do apples come from? Honey? etc
- Some people grow food in their own gardens. Do you grow any food at home?
- What food might be tricky to grow in your own garden?

References

BBC Bobinogs. *Do eggs grow on trees?* <https://www.bbc.co.uk/wales/bobinogs/games/game.shtml?12> [viewed 10 June 2019]

Public Domain Vectors. *Clipart for commercial use.* <https://publicdomainvectors.org/en/clipart-forcommercial-use-free> [viewed 02 June 2019]

The Australian Women’s Weekly, *Children’s Birthday Cake Book*, Sydney, ACP Books, 1980.

Appendix A Cake Recipe

(from The Australian Women's Weekly Children's Birthday Cake Book)

Ingredients

125g butter

1/2 teaspoon vanilla

1/2 cup castor sugar

2 eggs

1 1/2 cups self raising flour

1/3 cup milk



Method

1. Have butter at room temperature
2. Beat butter with vanilla until light and creamy
3. Add sugar
4. Beat until light and fluffy
5. Add eggs 1 at a time, beating well after each addition
6. Stir in half the sifted flour with half the milk, stir until combined
7. Add remaining milk and flour, stir in lightly until mixture is smooth
8. Spread into greased 20cm round cake tin
9. Bake for 50 minutes.

Appendix B Where does our food come from?

Look at each of the foods below. Draw a picture of the plant or animal that each one comes from.

