

# Lifesaving Volunteers to the Rescue

## Activity 3

View the 'Lifesaving Volunteers to the Rescue' VR tour at [www.lsv.com.au/vr](http://www.lsv.com.au/vr)

LEVELS 3 & 4



### Key Learning

During this lesson, students will reflect on the different forms of communication that they use. They will experiment with using hand signals and gestures to effectively convey a message.



### Resources

- Classroom space
- Whiteboard



### Engage

- Create a clapping pattern to get students' attention. Without talking, use hand signals and gestures to instruct them to stop what they are doing, move to the floor, sit down and listen.  
Ask students:
  - How did I just communicate with you?
  - Was it the most effective form of communication I could have chosen? Why/why not?
  - Can you think of a time when talking might not be an appropriate or effective way to communicate?
- Brainstorm on the board different modes of communication and ask students to come up and circle the forms of communication they use most often.



### Curriculum

#### Health and Physical Education – Personal, Social and Community Health

*Being healthy, safe and active*  
Levels 3 & 4

- Describe and apply strategies that can be used in situations that make them feel uncomfortable or unsafe ([VCHPEP090](#))



## Explore

- Ask students to think about what messages Hayden might have needed to convey to the dispatcher during the rescue.
- Ask them to suggest some hand signals that he could have used to give these messages.
- In small groups, students discuss which types of communication might be most useful to signal for help if you got into trouble in the water or if you saw someone else in trouble.
- Students then role play this scenario in their groups.



## Explain

- Ask a few groups to perform their role-plays for the class. Discuss the types of communication used and whether these types were effective.



## Elaborate

- Students write a brief message (one or two sentences) and work out a way to communicate this using only body language, gestures and hand signals.



## Evaluate

- Ask students to pair up and share their message. They will know they have been successful if their partner can work out their message!
- Swap partners and repeat.